



# AWARENESS EDUCATION POTENTIAL

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## EXECUTIVE FUNCTION SKILLS

### Elementary-age Strategies

**SPEAKER: SARAH WARD, M.S., CCC-SLP**

**April 14, 2026 | 10:00 AM - 1:15 PM Central Time**

ZOOM - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am

**This webinar is available as an on-demand replay for one month only, between April 18 – May 17, 2026. By purchasing a registration for this live event, you will also be given access to the on-demand replay.**

**\*\*\*PLEASE NOTE, ASHA and AOTA are only approved for the LIVE Webinar.**

### COURSE DESCRIPTION

The 360 Thinking Executive Function Curriculum is designed to develop independent executive function skills in students. Whether this is your first or your fifth time hearing Sarah Ward and or you are familiar with the program, this webinar will provide new insights and reinforce your understanding of the core features. Executive function (EF) skills are essential attention-regulation abilities that allow individuals to sustain attention, keep goals and information in mind, refrain from immediate response, resist distraction, tolerate frustration, consider the consequences of different behaviors, reflect on past experiences, and plan for the future. The 360 Thinking program facilitates the development of 6 key skills for students: initiation, transition, planning, time management, self-regulation and meta-cognition. By reading the room and envisioning the steps of a task, potential obstacles can be anticipated and students can develop problem-solving skills and independence. During this practical strategies webinar, we will define EF skills for the purpose of treatment interventions and explore concepts such as "mind MIME" and forethought skills. You will learn strategies to decrease impulsivity and increase self-regulation skills, as well as techniques for teaching goal-directed behavior, devising plans to achieve goals, using self-talk, understanding rules, and controlling impulses and emotions to complete tasks successfully. You will learn practical strategies for helping early learners understand the concepts of sequence, duration, and analog time in order to develop their ability to perceive and grasp the passage of time. These strategies will enable them to complete tasks within designated time frames, a key skill for success in any setting. Through hands-on activities, visual aids, and real-world examples, you will gain the tools necessary to effectively teach these essential executive function skills to young children and set them on the path to independence and to be successful learners.



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#### LEARNER OBJECTIVES:

1. Participants will be able to state the functional working definition of what is meant by the term “executive function skills” as it pertains to therapeutic interventions
2. Participants will be able to identify and explain the typical developmental course of the executive function skills and define Executive Dysfunction.
3. Participants will be able to define and explain how situational awareness, self talk, forethought, gesture/movement and episodic memory are the foundational skills for successful task execution.
4. Participants will be able to develop an intervention program to foster a student’s ability to form more independent executive function skills by describing therapeutic activities to improve:
  - Situational awareness and forethought
  - Task planning, task initiation and transition within and between tasks
  - Active self management of the factors related to the passage of time - sequence, duration, analog time, time markers
  - Organized thinking

#### COURSE OUTLINE *(All times are Central Time)*

10:00 am - 10:45 am	Introductions, Disclosures, Overview of Executive Function Skills, the 360 Thinking program & 6 key skills, Defining Executive Function Skills for Treatment Interventions
10:45 am - 11:45 am	“Mind MIME” and forethought, strategies to decrease impulsivity & increase regulation. Routines, transitions and cognitive flexibility
11:45am - 12:00pm	<b>Break</b>
12:00 pm - 12:45pm	Goal directed behavior techniques & plans to achieve goals
12:45 pm - 1:05 pm	Time management & Self-Regulation Hands on activities, Perception of time passage & task completion strategies
1:05 pm - 1:15 pm	Question and Answer Session



### SARAH WARD, M.S., CCC-SLP

Sarah Ward, M.S., CCC/SLP has over 25 years of experience in the treatment of executive dysfunction. Sarah is an internationally recognized expert on executive function and presents seminars on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360

Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to over 1800 public and private schools and organizations worldwide. In recognition of their global influence in the field of twice-exceptional learning, Sarah and Kristen Jacobsen were the honored recipients of the Nancy Tarshis Legacy Fellowship Award. Further solidifying their status as eminent figures in their field, Sarah and Kristen were named one of the Top 10 Professional Development Providers for 2023 by Education Technology Insights Magazine.

*Disclosure: Sarah Ward’s company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker’s fee for presentations. There are no non-financial relationships to disclose.*



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#### WHO SHOULD ATTEND?

Special Education teachers, SLPs, OTs, counselors, regular education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits. This course is designed to support staff who support elementary-age students.

#### PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CERTIFICATE OF ATTENDANCE** 3.0 clock hours for the day. Attendance will be confirmed via Zoom log in/ logout.
- 2. NBCC** AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs.  
*Available NBCC Clock Hours: 3*
- 3. ASWB** AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025- 1/27/2028. Social workers completing this course receive 3 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- 4. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 06519. This distance learning – interactive is offered for up to .3 CEUs (3 contact hours). Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A course evaluation with additional post test questions is required for satisfactory completion. **LIVE WEBINAR ONLY**
- 5. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required. **LIVE WEBINAR ONLY**
- 6. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation.



**ASHA CE  
APPROVED PROVIDER**

AEP Connections, LLC

Intermediate Level  
.3 ASHA CEUs



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**REGISTRATION FORM**

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**ONLINE REGISTRATION** | Credit card and purchase order payments at: [aepconnections.com](http://aepconnections.com)

**REGISTRATION FORMS:** Please send completed registration forms and purchase orders via mail, email ([info@aepconnections.com](mailto:info@aepconnections.com)), or fax.

Name: \_\_\_\_\_ School District: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Confirmations and communications will be sent by email. Please print email clearly.

**REGISTRATION COST**

**\$169/per registration**

Regular Price registration-\$169

Additional registration names (below)-\$169 each

\_\_\_\_\_

\$ \_\_\_\_\_

Total Paid: \$ \_\_\_\_\_

CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.