Phone: 833.237.2668 | Fax: 920.482.1270 | info@aepconnections.com | aepconnections.com

# From Theory to Tools:

# A Hands-On Approach to Building Executive Function Supports

SPEAKER: SARAH WARD, M.S., CCC-SLP

**Live Interactive Course** 

December 4, 2025 - January 22, 2026

Please see dated agenda (page 2 & 3) for details

#### **COURSE DESCRIPTION**

In this hybrid course, participants will first complete a core on-demand module to build an understanding of the 360 Thinking Model and core executive function concepts. Then, in the live, interactive sessions, we'll move from theory to application as you create customized executive function tools tailored to your setting.

Whether this is your first introduction to 360 Thinking or you've attended a previous presentation, this session is your opportunity to take your practice to the next level. We're going beyond learning about strategies—this is where we make them, use them, and fine-tune them in real time.

This is a "make and take" experience—come ready to cut, glue, draft, design, and build! You'll walk away with tools you've created during the session, along with feedback on how to tweak and apply them with students, clients, or in your classroom the very next day. It's a roll-up-your-sleeves, hands-on experience designed to equip you with practical, ready-to-use interventions.

#### **KEY FEATURES**

On-Demand Learning: Review our research-based EF model and core intervention framework on your own time.

Hands-On Practice: Collaboratively create visual tools, planning guides, and intervention visuals with direct coaching and support.

Real-Time Feedback: Work through common missteps and get individualized guidance.

Toolbox Expansion: Leave with finished materials, templates, and implementation plans you can use right away.

Designed for Educators and Clinicians: Whether you're in a therapy room, classroom, or coaching setting—this is for you.

#### WHO SHOULD ATTEND?

SLPs, OTs, school psychologists, special educators, general educators, academic and ADHD coaches, and mental health clinicians supporting executive function development. There are no pre-requisites for this class. This class is an intermediate level course.



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#### **LEARNING OBJECTIVES**

By the end of this hybrid course, participants will be able to:

- 1. Identify and describe core executive function (EF) domains as outlined in the 360 Thinking™ Model.
- 2. Assess EF breakdowns and design appropriate intervention tools to support planning, initiation, time awareness, working memory, and self-regulation.
- 3. Construct at least three practical tools to support students' EF skill development.
- Create customized visual supports and intervention tools to address the specific needs of individual students, clients, or classroom groups.
- 5. Evaluate implementation readiness by identifying common missteps and personalizing tools with instructor guidance.
- Create an implementation plan for integrating at least one tool into their practice within the next two weeks.

### COURSE DATES AND TIMES FOR YOUR CALENDAR (detailed agenda on the next page)

- On-Demand Course (60 minutes): Available beginning December 4th
- Live Session 1 (90 minutes): December 11th, 10:00–11:30 AM CT
- Live Session 2 (90 minutes): December 12th, 10:00–11:30 AM CT
- Follow-up Session (60 minutes): January 15th, 10:00–11:00 AM CT
- Q&A Session (90 minutes): January 22nd, 10:00-11:00 AM CT

#### COURSE FLOW/LIVE SESSION CHECKLIST

Before the LIVE Sessions

- Watched the on-demand core EF course (access on December 4th, 2025)
- Downloaded and printed templates
- · Collected hands-on materials
- Brought a student or classroom profile to guide tool design

During the LIVE Sessions

(Session 1: 12/11/25; Session 2- 12/12/25; Sessions 3 - 1/15/26; Session 4 - 1/22/26)

- Created at least 2 practical tools aligned with EF challenges
- · Practiced explaining or teaching the tool to a peer
- Received feedback on design and application
- Identified at least one real-world implementation opportunity

#### After the LIVE Sessions

- Prepped materials for use
- Scheduled time to introduce tool to a student/client
- Reflected on tool effectiveness and needed revisions



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#### **DETAILED AGENDA**

#### December 4th: 1 hour on demand available (must be watched before the live sessions)

- 20 minutes: What is Executive Function
- 20 minutes: Developing transitions and routines
- 20 minutes: Facilitating independent planning

#### December 11th: Make & Take Session 1 (10-11:30am Central)

• 90 minute session focused on developing tools to support forethought and transition (includes a 5 min break at midpoint)

### December 12th: Make & Take Session 2 (10-11:30am Central)

• 90 minute session focused on developing tools to support time and task management (includes a 5 min break at midpoint)

### January 15th: Guided Discussion & Application (10-11:00am Central)

• 60 minute discussion on implementation strategies, how to differentiate intervention strategies, measuring progress, real-world application (includes a 5 min break)

#### January 22nd: Follow up & Question/Answer Session (10-11:00am Central)

 60 minute discussion on barriers and facilitators to fidelity, outline next steps, aligning strategies with goals/IEP objectives and instructional plans, and putting tools into sustainable practice.



## SARAH WARD, M.S., CCC-SLP

#### **SPEAKER BIOGRAPHY**

Sarah Ward, M.S., CCC/SLP has over 25 years of experience in the treatment of executive dysfunction. Sarah is an internationally recognized expert on executive function and presents seminars on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to over 1800 public and private schools and organizations worldwide. In recognition of their global influence in the field of twice-exceptional learning, Sarah and Kristen Jacobsen were the honored recipients of the Nancy Tarshis Legacy Fellowship Award. Further solidifying their status as eminent figures in their field, Sarah and Kristen were named one of the Top 10 Professional Development Providers for 2023 by Education Technology Insights Magazine.

Disclosure: Sarah Ward's company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker's fee for presentations. There are no non-financial relationship to disclose.



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### ON-DEMAND PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CERTIFICATE OF ATTENDANCE 5.75 clock hours for attendance. Full attendance, a course evaluation and a passing score of 80% is required for satisfactory completion.
- 2. NBCC AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs.
  Available NBCC Clock Hours: 5.75
- 3. ASWB AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025-1/27/2028. Social workers completing this course receive 5.75 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- 4. AOTA This is offered in 2 sections, totaling 5.5 hours (1 hour on-demand, 4.5 hr distance interactive).
  a. AEP Connections is an AOTA Approved Provider of professional development. Course approval ID 13321. This distance learning interactive is offered for up to .45 CEUs (5.5contact hours). Advanced, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.
  b. AEP Connections is an AOTA Approved Provider of professional development. Course approval ID 13388. This distance learning independent is offered for up to .1 CEUs (1.0 contact hour). Introductory, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures
- 5. ASHA Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance, course evaluation and a post test are required for satisfactory completion. This course is divided into 2 separate courses and reporting periods.
- 6. NASP AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation. Full attendance, a passing score of 80% on the post test, and a course evaluation are required for satisfactory completion





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Purchase orders must accompany registrations. Name: \_\_\_\_\_\_ School District: \_\_\_\_\_ Address: State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Confirmations and communications will be sent by email. Please print email clearly. **DETAILED SCHEDULE** December 4th: 1 hr On-demand Content available, watched PRIOR to LIVE SESSIONS December 11th, 10-11:30am Central: LIVE Guided Session with Sarah Ward December 12th, 10-11:30am Central: LIVE Guided Session with Sarah Ward January 15th, 10-11am Central: Follow Up, Application Discussion January 22<sup>nd</sup>, 10-11am Central: Question & Answer Session **REGISTRATION COST** \$249 \*\* Each registration is for a SINGLE participant \*\* On - Demand Registration \$249 Additional Registrant @ \$249 each: \$249 Additional Name(s)

CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.

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