



AWARENESS EDUCATION POTENTIAL

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The Zones of Regulation® Basic Training

SPEAKER: Leah Kuypers, MA Ed., OTR/L

May 22, 2025 | 10:00am - 1:00 pm Central Time

ZOOM - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am

ON DEMAND REPLAY for 2 WEEKS ONLY - Access this recorded webinar at your own pace between May 24 - June 7 only.

ALSO AVAILABLE: Implementation in Action: Steps and Strategies for Tier 1 Zones, May 22nd 2-3:30pm Central. Sign up for both and get a 10% discount!

COURSE DESCRIPTION

Learn how to confidently start implementing The Zones of Regulation or get a creative boost if you are already on your Zones journey. In addition to exploring foundational concepts of The Zones, participants will review best practice strategies to build a Zones Climate and ensure implementation with fidelity. Powerpoint, lecture and question and answer sessions will be used to facilitate learning.

LEARNING OBJECTIVES

Participants will be able to:

- Implement The Zones of Regulation Digital Curriculum in classroom, educational and therapeutic settings, to develop and support self-regulation skills.
- Explain the scope and sequence of The Zones Curriculum, resulting in planning for engaging, meaningful and differentiated self-regulation instruction.
- Apply key concepts and strategies to develop learners' social emotional competencies.
- Describe the educator/leader's role in fostering a climate for regulation to thrive.

WHO SHOULD ATTEND?

Educators, Administrators, Caregivers, parents, support teams, Therapists, Counselors, Social workers, Mental health professionals, Psychologists, Education Assistants This is an introductory level course (intermediate for AOTA members), no pre-requisites are required. Anyone interested is welcome to attend.

****Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with The Zones of Regulation, Inc. so they may contact you regarding helpful Zones content from the official Zones experts. ****

If you require special assistance, please contact AEP Connections to inform them of your special needs by emailing: info@aepconnections.com or calling: 833.237.2668



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Leah Kuypers, MA Ed., OTR/L is the author of *The Zones of Regulation® Digital Curriculum* (zonesofregulation.com, 2024) and *Getting Into The Zones of Regulation: The Complete Framework and Digital Curriculum Companion*. (Think Social Publishing, 2024) Kuypers is an internationally recognized trainer, consultant and speaker on regulation and social emotional learning. While working in public schools as an occupational therapist and autism resource specialist, Leah Kuypers encountered learners of all ages with diverse needs. Recognizing that difficulties with regulation skills often had a significant impact on learners' adaptive functioning and overall well-being, Kuypers created *The Zones of Regulation*, a systematic and practical approach to fostering regulation skills. The first edition book, published in 2011 has sold more than 400,000 copies around the world.

The *Zones of Regulation Digital Curriculum*, released in July 2024, has already been implemented in 40 countries. The Zones team also trained more than 8,000 educators and practitioners worldwide in 2024 alone.

Disclosures:

- **Financial:** Leah Kuypers is an independent contractor, speaker, and author. She receives a speaking fee for her presentations about the Zones of Regulation. Leah Kuypers owns The Zones of Regulation, Inc, formally known as Kuypers Consulting, Inc. and profits from Zones of Regulation trainings, Digital Curriculum, and Apps, which the company produces and hosts. As author of additional Zones of Regulation resources, she receives royalties from the publisher, Think Social, Inc. for related products.
- **Content:** This course will focus on primarily one product, methodology, and curriculum, The Zones of Regulation® Digital Curriculum. Having access to the curriculum is essential for implementation with fidelity.
- **Nonfinancial:** Leah Kuypers has no non-financial relationships to disclose

TIMED AGENDA

Session 1: One hour and 30 minutes

- Orientation to The Zones of Regulation Digital Curriculum
- Exploration of curriculum concepts and climate strategies.
 - Defining regulation and factors that impact it
 - Cultivating emotional, situational, and interoceptive awareness

Break: 15 minutes

Session 2: One hour and 15 minutes

- Continuation of curriculum concepts and climate strategies
 - Teaching and customizing regulation tools
 - Fostering decision-making skills and using the Zones Pathway to support regulation
- Teaching tips and best practices

This is an interactive "live-stream". You will be able to ask questions throughout the day as well as "chat" with other participants via the buttons at the bottom of the screen. Handout Links as well as webinar links will be sent at least three days prior to the conference.



The Zones of Regulation® Basic Training

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LIVE WEBINAR PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CERTIFICATE OF ATTENDANCE** - 2.75 clock hours for full attendance.
- 2. NBCC** - AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs.
Available NBCC Clock Hours: 2.75
- 3. ASWB** - AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025- 1/27/2028. Social workers completing this course receive 2.75 continuing education credits. Full attendance, a course evaluation with additional post test questions is required for satisfactory completion.
- 4. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 12605. This distance learning - interactive is offered at .25 CEUs. Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.
- 5. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required for satisfactory completion.
- 6. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar to ensure full participation. Full attendance is required.



AEP Connections, LLC

Introductory Level
.25 ASHA CEU





On Demand: The Zones of Regulation® Basic Training

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ON DEMAND PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CERTIFICATE OF ATTENDANCE** - 2.75 clock hours for full attendance. Full attendance, 80% on post test and a course eval is required for satisfactory completion.
- 2. NBCC** - AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. Full attendance, 80% on post test and a course eval is required for satisfactory completion.
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REGISTRATION FORM

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ONLINE REGISTRATION | Available for credit card transactions at: aepconnections.com

CHECK OR PURCHASE ORDERS: Please send completed registration form via mail, email or fax.
Purchase orders must accompany registrations.

Name: _____ School District: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone: _____

Email: _____

Confirmations and communications will be sent by email. Please print email clearly.

REGISTRATION COST

\$110 per participant

**Add Implementation in Action: Steps
and Strategies for Tier 1 and save
10% off both!**

**Group pricing is available. Please
contact us at
info@aepconnections.com**

☐ Registration - \$110 \$ _____

☐ Additional Participants- \$110 each
Names: _____ \$110 x ____: \$ _____

☐ Combo Purchase: **The Zones of Regulation® – Basic Training** (reg price
\$110) + **Implementation in Action** (reg price \$69) = **Sale: 161.10** \$161.10 x ____: \$ _____

Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with The Zones of Regulation, Inc. so they may contact you regarding helpful Zones content from the official Zones experts.

Total Paid: \$ _____

CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.