



# AWARENESS EDUCATION POTENTIAL

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## Implementation in Action: Steps and Strategies for Tier 1 Zones

**PRESENTER:** Emily Walz, MS Ed.

**PANELISTS:** Emily Walz, MS Ed. & Leah Kuypers, MA Ed, OTR/L

**May 22, 2025 | 2:00pm - 3:30 pm Central Time**

ZOOM - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 12 pm	Start Time: 1 pm	Start Time: 2 pm	Start Time: 3 pm

*ON DEMAND REPLAY for 2 WEEKS ONLY - Access this recorded webinar at your own pace between May 24 - June 7 only.*

*ALSO AVAILABLE: The Zones of Regulation® – Basic Training, May 22<sup>nd</sup> 10-1pm Central. Sign up for both and get a 10% discount!*

### COURSE DESCRIPTION

This training is designed to help "Zones Champions" and leadership teams roll out The Zones of Regulation® Digital Curriculum in their schools, or districts as part of Tier 1 universal instruction. Together, we'll outline the key steps to create a meaningful and sustainable implementation plan, with resources to guide you in developing your own approach. You'll explore practical strategies for empowering colleagues, engaging key community and team members, and tracking data to measure progress and impact. Plus, join Zones founder Leah Kuypers and implementation specialist Emily Walz for an exclusive panel on lessons learned and best practices for schoolwide implementation of The Zones of Regulation. Get ready to confidently lead the way in creating a systematic and sustainable implementation! Powerpoint, case examples, lecture and live panel discussion will be used to support instruction. Questions can be submitted in advance of the course.

### LEARNING OBJECTIVES

- Identify key phases and strategies for implementing The Zones of Regulation sustainably across a school or district.
- Develop a customized Tier 1 implementation plan for The Zones of Regulation Digital Curriculum as part of universal instruction.
- Apply effective strategies for monitoring the impact of The Zones of Regulation on learner outcomes and climate.

### WHO SHOULD ATTEND?

Anyone interested in leading The Zones of Regulation implementation at the Tier-1 level. This is an Intermediate level course. Basic knowledge of the Zones of Regulation is recommended.

If you require special assistance, please contact AEP Connections to inform them of your special needs by emailing: [info@aepconnections.com](mailto:info@aepconnections.com) or calling: 833.237.2668



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**PANELISTS:** Emily Walz, MS Ed. & Leah Kuypers, MA Ed., OTR/L

### Emily Walz, MS Ed.



Emily Walz is a licensed Special Education Teacher (M.S.Ed) with over 20 years of experience in the field of education. She spent the first 15 years of her career teaching special education and leading social-emotional learning (SEL) initiatives in New York City and the Minneapolis/St. Paul metro area. Emily's role as Director of Instruction at The Zones of Regulation allows her to use her rich experience to be hands-on in developing curriculum content and training for Zones leaders, as well as consulting with schools, districts, and organizations in the U.S. and abroad. Passionate about emotional regulation as a cornerstone for well-being, Emily designs inclusive instructional experiences for both youth and adults across settings and tiers of support. She lives on a sunny corner in Minneapolis, Minnesota, with her husband and two children.

#### Disclosures:

Emily Walz, MS, Ed, Instructional Director at The Zones of Regulation, Special Education Teacher, Consultant

- **Financial:** Emily Walz is an independent contractor and speaker. She receives a speaking fee for her presentations about the Zones of Regulation.
- **Content:** This course will focus on primarily one product, methodology, and curriculum, The Zones of Regulation® Digital Curriculum. Having access to the curriculum is essential for implementation with fidelity.
- **Nonfinancial:** Emily Walz has no non-financial relationships to disclose

### Leah Kuypers, MA Ed., OTR/L



Leah Kuypers, MA Ed., OTR/L is the author of The Zones of Regulation® Digital Curriculum (zonesofregulation.com, 2024) and Getting Into The Zones of Regulation: The Complete Framework and Digital Curriculum Companion. (Think Social Publishing, 2024) Kuypers is an internationally recognized trainer, consultant and speaker on regulation and social emotional learning.

While working in public schools as an occupational therapist and autism resource specialist, Leah Kuypers encountered learners of all ages with diverse needs.

Recognizing that difficulties with regulation skills often had a significant impact on learners' adaptive functioning and overall well-being, Kuypers created *The Zones*

of Regulation, a systematic and practical approach to fostering regulation skills. The first edition book, published in 2011 has sold more than 400,000 copies around the world.

The Zones of Regulation Digital Curriculum, released in July 2024, has already been implemented in 40 countries. The Zones team also trained more than 8,000 educators and practitioners worldwide in 2024 alone.

#### Disclosures:

- **Financial:** Leah Kuypers is an independent contractor, speaker, and author. She receives a speaking fee for her presentations about the Zones of Regulation. Leah Kuypers owns The Zones of Regulation, Inc, formally known as Kuypers Consulting, Inc. and profits from Zones of Regulation trainings, Digital Curriculum, and Apps, which the company produces and hosts. As author of additional Zones of Regulation resources, she receives royalties from the publisher, Think Social, Inc. for related products.
- **Content:** This course will focus on primarily one product, methodology, and curriculum, The Zones of Regulation® Digital Curriculum. Having access to the curriculum is essential for implementation with fidelity.
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### TIMED AGENDA

#### Part 1: 60 minutes (Emily Walz)

- Overview of Tier-1 Zones
- Implementation Planning Phases
- Data Collection and Monitoring
- Leading The Zones Climate

#### Part 2: 30 minutes (Emily Walz and Leah Kuypers)

- **Panel Discussion** - Lessons learned and implementation of best practices

*This is an interactive "live-stream". You will be able to ask questions throughout the day as well as "chat" with other participants via the buttons at the bottom of the screen. Handout Links as well as webinar links will be sent at least three days prior to the conference.*

## LIVE WEBINAR PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CERTIFICATE OF ATTENDANCE** - 1.5 clock hours for full attendance.
- 2. NBCC** - AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs.  
Available NBCC Clock Hours: 1.5
- 3. ASWB** - AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025- 1/27/2028. Social workers completing this course receive 1.5 continuing education credits. Full attendance, a course evaluation with additional post test questions is required for satisfactory completion.
- 4. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID XXX. This distance learning - interactive is offered at .15 CEUs. Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.
- 5. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required for satisfactory completion.
- 6. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar to ensure full participation. Full attendance is required.



**ASHA CE**  
**APPROVED PROVIDER**

AEP Connections, LLC

Intermediate Level  
.15 ASHA CEUs



Ensuring High Quality  
Professional Development



American  
Occupational Therapy  
Association



## On Demand: Implementation in Action: Steps and Strategies for Tier 1 Zones

**SPEAKER:** Emily Walz, MS Ed.

**PANELISTS:** Emily Walz, MS Ed. & Leah Kuypers, MA Ed., OTR/L

### ON DEMDAND PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CERTIFICATE OF ATTENDANCE** - 1.5 clock hours for full attendance. Full attendance, 80% on post test and a course eval is required for satisfactory completion.
- 2. NBCC** - AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. Full attendance, course evaluation and post test are required. Available NBCC Clock Hours: 1.5
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- 4. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID XXX. This distance learning - independent is offered at .15 CEUs. Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A post test, course evaluation and full attendance are required for satisfactory completion.
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**ONLINE REGISTRATION** | Available for credit card transactions at: [aepconnections.com](https://aepconnections.com)

**CHECK OR PURCHASE ORDERS:** Please send completed registration form via mail, email or fax.

Purchase orders must accompany registrations.

Name: \_\_\_\_\_ School District: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Confirmations and communications will be sent by email. Please print email clearly.

#### REGISTRATION COST

**\$69 per participant**

*Add The Zones of Regulation Basic Training and save 10% off both!*

*Group pricing is available. Please contact us at [info@aepconnections.com](mailto:info@aepconnections.com)*

☐ Registration - \$69 \$ \_\_\_\_\_

☐ Additional Participants- \$69 each \$69 x \_\_\_\_: \$ \_\_\_\_\_  
Names: \_\_\_\_\_

☐ Combo Purchase: **The Zones of Regulation® – Basic Training** (reg price \$110) + **Implementation in Action** (reg price \$69) = **Sale: 161.10** \$161.10 x \_\_\_\_: \$ \_\_\_\_\_

Total Paid: \$ \_\_\_\_\_

*\*\*\*Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with The Zones of Regulation, Inc. so they may contact you regarding helpful Zones content from the official Zones experts. \*\*\**

**CANCELLATION POLICY:** More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.