



# AWARENESS EDUCATION POTENTIAL

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## THE MASTER CLASS: Advanced Strategies to Develop Executive Function Skills

**SPEAKER: SARAH WARD, M.S., CCC-SLP**

**March 20, 2025 | 9:00 am - 4:30 pm Central Time**

LIVE - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 7 am	Start Time: 8 am	Start Time: 9 am	Start Time: 10 am

*This Webinar will replay as a recording on Saturday, March 22, 2025 beginning at 9 am Central Time. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Saturday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with the speaker will not be available, however you will have the ability to use the "chat" feature to interact with other participants. Same registration process for both live webinar and the recording replay.*

### WHO SHOULD ATTEND?

Special education teachers, SLPs, OTs, counselors, general education teachers, administrators, psychologists, psychiatrists, social workers, PTs, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits. This is an advanced level course.

**Master Class is for anyone familiar with Sarah Ward and has seen her present on executive functioning in the past or those that attend Foundations Course. Master Class is an advanced training on executive functioning. Please contact AEP Connections with questions.**

### COURSE DESCRIPTION

This Master Class is for the professional who wants to learn more strategies and techniques, have advanced treatment examples, and become more knowledgeable of the scope and sequence to implement executive function strategies. Immerse yourself in the entire 360 Thinking Executive function curriculum. Learn best practices to get students motivated, focused, organized and performing closer to their true potential. Understand where to start, what goals to set for your client, and have the opportunity to make and practice implementing a Toolbox of Strategies for teaching executive function skills. We will address at an advanced level how to teach students

If you require special assistance, please contact AEP Connections to inform them of your special needs by emailing: info@aeconnections.com or calling: 833.237.2668



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to channel their motivation and go from Intention to Action by creating and carrying out plans and to sustain forethought for task planning across hourly and extended time horizons. Learn systematic ways to develop a student's situational intelligence and self-regulation. Understand the relationship between speed of processing and executive function and learn practical strategies to improve written expression, abstract thinking/problem solving and figurative language skills. Full of hands on experiential exercises and interactive case studies, you will take away practical strategies and reproducible handouts that are instantly usable upon your return to the clinic, classroom or home. Don't miss out this course it will fill up fast!

Presenter will use lecture, case studies, Q&A, etc. throughout the duration of the course (some video examples may be used).

### **LEARNER OBJECTIVES:**

1. Differentiate and explain how situational awareness, self-talk, forethought and episodic memory are the foundational skills for successful task execution and state the functional relationship between executive function, working memory and speed of information processing as it pertains to therapeutic interventions.
2. Evaluate and select and implement 5 advanced applications to teach a student how to:
  - Visualize simple, multi-step and complex tasks and assignments and then sequence and plan the requisite steps to fully complete work and
  - Improve self-regulation and inhibition to meet behavior expectations.
3. Implement specific strategies to develop representational co-thought gesture for forethought and task planning.
4. Select and implement specific strategies to improve situational awareness and self-regulation skills to improve a students' ability to "stop and read a room" and transition to follow routines with a reasonable pace and requisite materials with less supervision and fewer prompts.
5. Develop and implement intervention strategies to improve a student's capacity to visualize and sense the passage of hourly and daily time, calculate how long tasks will take, break down and complete tasks and long term projects within allocated time frames and control for procrastination and time distractions.
6. Design and implement a block and box schema training to improve a student's processing speed for following routines, making decisions, planning tasks, doing assignments, completing writing assignments and engaging in social language/conversation skills.
7. Implement specific strategies to improve working memory for stronger mind miming forethought skills so students can go from intention to action to initiate and complete tasks and process information with greater accuracy and efficiency.
8. Design and implement specific strategies to improve processing of figurative and abstract language to reduce anxiety and teach a student how to tolerate novelty and develop flexible/gray scale thinking for problem solving.

*This Webinar will replay as a recording on Saturday, March 22, 2025 from 9:00am to 3:30pm Central. Breaks will be shortened and a modified agenda will be sent out.*



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**DAILY SCHEDULE**

*(All times are Central Time)*

8:50 am - 9:00 am	<b>Zoom Webinar Opens</b>
9:00 am - 10:30 am	Information Processing
10:30 am - 10:45 am	<b>Break</b>
10:45 am - 12:30 pm	Ready - DO - Done Model/Behavior
12:30 pm - 1:30 pm	<b>Lunch Break</b>
1:30 pm - 3:00 pm	Processing Speed and Planning
3:00 pm - 3:15 pm	<b>Break</b>
3:15 pm - 4:30 pm	Working Memory and Forethought



**SARAH WARD, M.S., CCC-SLP**

**SPEAKER BIOGRAPHY**

Sarah Ward, M.S., CCC/SLP has over 25 years of experience in the treatment of executive dysfunction. Sarah is an internationally recognized expert on executive function and presents seminars on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to over 1800 public and private schools and organizations worldwide. In recognition of their global influence in the field of twice-exceptional learning, Sarah and Kristen Jacobsen were the honored recipients of the Nancy Tarshis Legacy Fellowship Award. Further solidifying their status as eminent figures in their field, Sarah and Kristen were named one of the Top 10 Professional Development Providers for 2023 by Education Technology Insights Magazine.

*Disclosure: Sarah Ward's company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker's fee for presentations. There are no non-financial relationship to disclose.*



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## PROFESSIONAL DEVELOPMENT OFFERED:

- PROFESSIONAL LEARNING CREDIT OPTION** 1-2 Credits through Concordia University. Cost is \$250 per credit. Register for credits online at [www.aepconnections.com](http://www.aepconnections.com) or over the phone at (833) 237-2668.
- CERTIFICATE OF ATTENDANCE** 6 hours for the day. Attendance will be checked via ZOOM log in/log out.
- NBCC** - AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs.  
*Available NBCC Clock Hours: 6*
- ASWB** AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025- 1/27/2028. Social workers completing this course receive 6 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- AOTA** - AEP Connections is an AOTA Approved Provider of professional development. Course approval ID 02207. This distance learning - interactive is offered for up to .6 CEUs (6 contact hours). Advanced, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.
- ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures.
- NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation.
- NASW** - This program is Approved by the National Association of Social Workers (Approval #886925205-7723) for 6 continuing education contact hours. Course approval expiration: 2/28/2026.



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## REGISTRATION FORM

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**ONLINE REGISTRATION** | Available for credit card transactions at: [aepconnections.com](http://aepconnections.com)  
**CHECK OR PURCHASE ORDERS** | Please send completed registration form via mail, email or fax.  
*Purchase orders must accompany registrations.*

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Email: \_\_\_\_\_

*Confirmations and communications will be sent by email. Print print email clearly.*

**ALSO AVAILABLE: SARAH WARD FOUNDATIONS COURSE | FEBRUARY 20, 2025**  
**LIVE - INTERACTIVE WEBINAR**

Visit [aepconnections.com](http://aepconnections.com) to view learner objectives and for more information.

### REGISTRATION COST

#### MASTER CLASS

**EARLY BIRD \$189**

*(First 50 participants to register)*

**REGULAR PRICING \$219**

#### MASTER CLASS (3/20) + FOUNDATIONS COURSE (2/20)

**EARLY BIRD \$340**

*(First 50 participants to register)*

**REGULAR PRICING \$394**

*Call for Group Rates (defined as 5 or more, rates decrease as group gets larger)  
Register group by phone or email. Group rates are not available with online registration.*

- |  |   |          |
|--|---|----------|
| <input type="checkbox"/> Early bird registration - \$189   | <input type="checkbox"/> Regular Price registration - \$219   | \$ _____ |
| <input type="checkbox"/> Early bird (Both Classes) - \$340 | <input type="checkbox"/> Regular Price (Both Classes) - \$394 |          |

Total: \$ \_\_\_\_\_

**AEP Connections | P.O. Box 286, Roscoe, IL 61073**

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**CANCELLATION POLICY:** More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.