



AWARENESS EDUCATION POTENTIAL

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Modern Evidence-Based Supports for Neurodivergent Learners: Are You Keeping with the Times?

SPEAKER: KELLY MAHLER, OTD, OTR/L

April 15, 2025 | 8:00 am - 2:00 pm Central Time

ZOOM - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 6 am	Start Time: 7 am	Start Time: 8 am	Start Time: 9 am

ON DEMAND REPLAY for 2 WEEKS ONLY - Access this recorded webinar at your own pace between **April 21 - May 5 only**.

The neurodiversity field must continually evolve as new scientific insights emerge and lived experiences are shared. While progress has been made, it can feel overwhelming to keep pace with emerging research and neurodivergent perspectives—and even more challenging to translate this knowledge into practical strategies. This course will explore common emotion regulation supports, offering practical solutions to align your work with the latest evidence and neurodivergent voice.

Key areas of shift will include:

- From trauma-blind to trauma-informed
- From compliance-driven to regulation-driven
- From sensory exposure/desensitization to sensory safety
- From cognitive therapy to interoception-based work
- From deficit-focused to strength-based
- From theory of mind to theory of OWN mind

If you're ready to expand your knowledge and nurture emotion regulation in the learners you serve, this course will equip you with the tools to stay at the forefront of modern practices. Lecture, powerpoint and case examples will be provided.

LEARNER OBJECTIVES:

1. Compare currently used emotion regulation supports to current evidence regarding neurodiversity and lived experience.
2. Discuss the rationale for the paradigm shifts to apply and integrate the following evidence-based practices for emotional regulation support: *trauma-informed approach, strength-based foundation for intervention, regulation-driven support strategies, focus on sensory safety, interoception-based work as a primary intervention, recognition of the individual's theory of mind*
3. Explore various interoception based- strategies that can be used to integrate paradigm shifts to evidence-based practices, to improve regulation skills across education, social, work and leisure environments.



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WHO SHOULD ATTEND?

The intended audience includes Special Education teachers, Speech-Language Therapists, OTs, counselors, general education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum or any other neurodivergent learning needs. This presentation is geared for the lifespan, more specifically age 3 through adulthood. No prerequisites are required.

COURSE SCHEDULE *(All times are Central Time)*

8:00-9:15am	Introduction and Content
9:15-9:30am	Break
9:30-10:45am	Content
10:45-11:15am	Lunch Break
11:15-12:30pm	Content
12:30-12:45pm	Break
12:45-2:00pm	Content, Q & A (time permitting)



KELLY MAHLER, OTD, OTR/L

SPEAKER BIOGRAPHY

Kelly Mahler is an award-winning occupational therapist, author, and interoception groupie known for her boundless curiosity and fondness for crunching pinecones. Holding a Doctorate in Occupational Therapy, she has served school-aged children and adults for over 22 years. Kelly is author of 12 resources including The Interoception Curriculum, now used in over 30 countries worldwide. She enjoys speaking internationally on interoception, neuro affirming practices, and playful strategies for inner exploration using a lens of curiosity, validation and empathy.

Financial: Kelly Mahler, OTD, OTR/L will receive a speaker's honorarium from AEP Connections for this presentation. Kelly has intellectual property rights from her company Mahler Occupational Therapy for products discussed at the course. Non financial: Kelly Mahler, OTD, OTR/L has no nonfinancial relationships to disclose.



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LIVE WEBINAR PROFESSIONAL DEVELOPMENT OFFERED

- 1. CERTIFICATE OF ATTENDANCE** 5 clock hours for the day. Attendance will be confirmed via Zoom login/out.
- 2. NBCC** AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections is solely responsible for all aspects of the programs.
Available NBCC Clock Hours: 5
- 3. ASWB** AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025- 1/27/2028. Social workers completing this course receive 5 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- 4. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 11541. This distance learning – interactive is offered for up to .5 CEUs (5 contact hours). Introductory, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A course evaluation with additional post test questions is required for satisfactory completion.
- 5. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required.
- 6. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation. Full attendance and a course evaluation is required for satisfactory completion.
- 7. NASW** - This program is Approved by the National Association of Social Workers (Approval # 886925205-2843) for 5 continuing education contact hours. Category: Social Work. Course approval expiration: 2/28/2026.



ASHA CE
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AEP Connections, LLC

Introductory Level
.5 ASHA CEUs



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SELF STUDY PROFESSIONAL DEVELOPMENT OFFERED

- 1. CERTIFICATE OF ATTENDANCE** 5 clock hours. Full attendance, course evaluation and an 80% on post test are required for satisfactory completion.
- 2. NBCC** AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections is solely responsible for all aspects of the programs. Full attendance, course evaluation and an 80% on post test are required for satisfactory completion.
Available NBCC Clock Hours: 5
- 3. ASWB** AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2025- 1/27/2028. Social workers completing this course receive 5 continuing education credits. Full attendance, a course evaluation and 80% passing score on a post test is required for satisfactory completion.
- 4. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 11541. This distance learning – independent is offered for .5 CEUs (5 contact hours). Introductory, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. Full attendance, a course evaluation with 80% passing score on a post test question is required for satisfactory completion.
- 5. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required. Full attendance, a course evaluation with 80% passing score on a post test question is required for satisfactory completion.
- 6. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation. Full attendance and a course evaluation and a passing score of 80% on a post test is required for satisfactory completion.

Please note, NASW is not available for this on-demand option. Contact AEP Connections with any accommodations.



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REGISTRATION FORM

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ONLINE REGISTRATION | Available for credit card transactions at: aepconnections.com

CHECK OR PURCHASE ORDERS: Please send completed registration form via mail, email or fax.
Purchase orders must accompany registrations.

Name: _____ School District: _____
 Address: _____ City: _____
 State: _____ Zip Code: _____ Phone: _____
 Email: _____

Confirmations and communications will be sent by email. Please print email clearly.

REGISTRATION COST

EARLY BIRD \$139	REGULAR PRICING \$159
<i>(First 50 participants to register)</i>	
<i>Call for Group Rates (defined as 10 or more, rates decrease as group gets larger) Register group by phone or email.</i>	

Early bird registration - \$139 Regular Price registration - \$159 \$ _____

Additional Registrants \$139(Early bird/\$159 Reg) each X ____ \$ _____

Names: _____

Total Paid: \$ _____

CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.