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EXECUTIVE FUNCTION SKILLS

The Graduates

SPEAKER: SARAH WARD, M.S., CCC-SLP

August 8, 2024 | 8:00 am - 11:15 am Pacific Time

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am

This Webinar will replay as a recording on Friday, August 9, 2024 beginning at 8 am Pacific Time. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Friday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with the speaker will not be available, however you will have the ability to use the "chat" feature to interact with other participants. Same registration process for both live webinar and the recording replay.

COURSE DESCRIPTION

The transition from high school to college has always placed high demands on students' executive function (EF) skills - and these demands have grown exponentially for students who have experienced the altered virtual and post-virtual learning environments of the pandemic, which substantially reduced spatial, temporal, object, and social cues that traditionally helped guide students toward greater independence in preparing for college/adulthood. Now more than ever students need to relearn/learn how to be situationally aware, plan over extended time frames, manage distractions and increase their 'workability'. Learn interventions to not merely compensate for but facilitate the neurological development of EF skills to ensure success at college and adulthood in time and task management; information management; attention; organization; and independent living.

WHO SHOULD ATTEND?

Special Education teachers, SLPs, OTs, counselors, regular education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits. This course is designed to support staff who support upper secondary and post secondary students.



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LEARNER OBJECTIVES:

- 1. Participants will be able to define how situational awareness, self talk, forethought and episodic memory are the foundational skills for successful task execution.
- 2. Participants will be able to develop a treatment plan with at least 3 effective instructional strategies for developing a student's capacity to visualize and plan hourly, daily, weekly and monthly time.
- 3. Participants will be able to list 3 technology tools that support high school and college students manage their time and tasks.

COURSE OUTLINE

All times are Pacific Standard Time)

8 am - 8:35 am Introductions, Disclosures, Overview of Executive Function Skills in transitions (high

school to college), impact of Covid on EF Skills, Development of EF Skills

8:35 am - 9:45 am Practical Strategies and Tools for task management

9:45 - 10 am **Break**

10 am - 11:10 am Goal directed behavior techniques & plans to achieve goals

11:10 am - 11:15 am Conclusion, Q & A session (time permitting)



SARAH WARD, M.S., CCC-SLP

SPEAKER BIOGRAPHY

Sarah Ward has over 25 years of experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with language learning disabilities, nonverbal learning disabilities, attention deficit disorder, executive dysfunction, Asperger's disorders and social pragmatics. Her particular specialty is in the assessment and treatment of executive function deficits. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions where she provides instruction to graduate level students in the assessment and treatment of individuals with traumatic brain injury and other cognitive communication disorders. A popular speaker, Sarah regularly presents nationally and internationally on the topic of executive functions to a variety of professional and parent organizations, school and lay groups. She has presented to and consulted with over 450 public and private schools in Massachusetts and across the United States. Awards received include the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award and the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011).

Disclosure: Sarah Ward's company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker's fee for presentations. There are no non-financial relationship to disclose.



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PROFESSIONAL DEVELOPMENT OFFERED:

- CERTIFICATE OF ATTENDANCE 3.0 clock hours for the day. Attendance will be confirmed via Zoom log in/ logout.
- 2. NBCC AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections is solely responsible for all aspects of the programs. Available NBCC clock hours: 3
- **3. ASWB** AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2022- 1/27/2025. Social workers completing this course receive 3 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- **4. AOTA** AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 06531. This distance learning interactive is offered for up to .3 CEUs (3 contact hours). Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A course evaluation with additional post test questions is required for satisfactory completion.
- **5. ASHA** Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required.
- **6. NASP** AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation.
- 7. NASW This program is Approved by the National Association of Social Workers (Approval #886925205-4020) for 3 continuing education contact hours. Course approval expiration: 5/31/2025.





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REGISTRATION FORM

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CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.