

## AWARENESS EDUCATION POTENTIAL

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## **FROM PLAY TO PLANNING:** Strategies to Share the Development of Executive Function Skills in Young Learners

SPEAKER: SARAH WARD, M.S., CCC-SLP

## August 13, 2024 | 11 AM - 2:15 PM EASTERN

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am

This Webinar will replay as a recording on Thursday August 15th beginning at 11 am Eastern. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Thursday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with speaker will not be available, however you will have the ability to use "chat" feature to interact with other participants. Same registration process for both the live and the recording replay.

#### **COURSE DESCRIPTION**

How soon can you start working on executive function skills? The early education field increasingly is recognizing the importance of developing young children's executive function (EF) skills to support working memory, self-control, goal-directed behaviors and academic potential. Our 360 Thinking Executive Function Method is now available to support the development of executive function skills in young children. This approach focuses on working memory, self-control, goal-directed behaviors, and academic potential and has been adapted for use in early childhood classrooms. By developing these fundamental skills in the early years, children will be better equipped to focus, hold, and work with information in mind, filter distractions, and shift flexibly to succeed in school. Our "STOP and PLAY" program offers a variety of strategies to integrate into dramatic play, therapy, and classroom activities to improve situational intelligence, mental imagination, working memory, visual future thinking, time awareness, task visualization, self-regulation, metacognition, and cognitive flexibility.

#### WHO SHOULD ATTEND?

Special Education teachers, SLPs, OTs, counselors, regular education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits. This course is designed to support staff who work in Early Childhood through Grade 1.

#### **LEARNER OBJECTIVES:**

- 1. Participants will be able to summarize the relationship between situational awareness, episodic future thinking and executive function skills.
- 2. Participants will be able to describe five interventions to improve students' situational awareness
- 3. Participants will be able to describe five interventions to improve students' future thinking and the related executive function skills of attention, inhibition, self-regulation, and flexible problem-solving.



# FROM PLAY TO PLANNING: STRATEGIES TO SHARE THE DEVELOPMENT OF EXECUTIVE FUNCTION SKILLS IN YOUNG LEARNERS

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### **COURSE OUTLINE**

(All times are Eastern Time)

11 am - 11:35 am Introductions, Disclosures, Review of Relationship between forethought, situational

awareness, and executive function skills.

11:35 am - 12:30 pm Overview of the STOP and PLAY practical strategies to develop Executive Function Skills;

Developing Situational Awareness

12:30 pm - 12:45 pm **Break** 

12:45 pm - 1:05 pm Developing planning and time awareness

1:05 pm - 1:25 pm Developing Robust Verb and Mental State Verb Vocabularies

1:25 pm - 2:05 pm Developing Co-Thought Gesture, Episodic Memory and Cognitive Flexibility

2:05 pm - 2:15 pm Question and Answer Session



## SARAH WARD, M.S., CCC-SLP

### **SPEAKER BIOGRAPHY**

Sarah Ward has over 25 years of experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with language learning disabilities, nonverbal learning disabilities, attention deficit disorder, executive dysfunction, Asperger's disorders and social pragmatics. Her particular specialty is in the assessment and treatment of executive function deficits. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions where she provides instruction to graduate level students in the assessment and treatment of individuals with traumatic brain injury and other cognitive communication disorders. A popular speaker, Sarah regularly presents nationally and internationally on the topic of executive functions to a variety of professional and parent organizations, school and lay groups. She has presented to and consulted with over 450 public and private schools in Massachusetts and across the United States. Awards received include the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award and the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011).

Disclosure: Sarah Ward's company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker's fee for presentations. There are no non-financial relationship to disclose.



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### PROFESSIONAL DEVELOPMENT OFFERED:

- CERTIFICATE OF ATTENDANCE 3.0 clock hours for the day. Attendance will be confirmed via Zoom log in/ logout.
- 2. NBCC AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs.

  Available NBCC Clock Hours: 3.
- **3. ASWB** AEP Connections, LLC, #1332, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 1/27/2022- 1/27/2025. Social workers completing this course receive 3 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- 4. AOTA AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 06520. This distance learning interactive is offered for up to .3 CEUs (3 contact hours). Introductory, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A course evaluation with additional post test questions is required for satisfactory completion.
- **5. ASHA** Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required.
- **6. NASP** AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation.











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Introductory Level .3 ASHA CEUs



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## **REGISTRATION FORM**

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PACIFIC	MOUNTAIN	CENTRAL	EASTERN	
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am	
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Confirmation	ns and communications will be	sent by email. Please print em	ail clearly.	
	REGISTRATI	ON COST		
<b>EARLY BIRD \$109</b> (Register on or before July 19, 2024)		REGULAR PRICING \$129 (Register after July 19, 2024)		
☐ Early bird registration	- \$109			
□ Regular Price registration - \$129			\$	
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### AEP Connections | P.O. Box 286, Roscoe, IL 61073

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CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.