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# **ANXIETY, SOCIAL RELATIONSHIPS AND PROCESSING SPEED: A Guide to Understanding its Impact with Students.**

**ELLEN BRAATEN, PHD**

**May 2, 2024 | 11:00 am - 3:15 pm Eastern**

**ZOOM - INTERACTIVE WEBINAR**

<b>PACIFIC</b>	<b>MOUNTAIN</b>	<b>CENTRAL</b>	<b>EASTERN</b>
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am

*This Webinar will replay as a recording on Saturday, May 4, 2024 beginning at 11am Eastern Time. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Saturday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with the speaker will not be available, however you will have the ability to use "chat" feature to interact with other participants. Same registration process for both the live and the recording replay.*

We live in a world where quick responding is considered an essential skill; however, many children feel left behind. Difficulties with processing speed cut across disorders such as learning disabilities, developmental disorders, and ADHD. Anxiety is a key feature for many children and adolescents with slow processing speed and social relationships can present challenges. This seminar will present an overview of processing speed and its relationship to today's quick-paced lifestyles, classroom environments, and home lives. The biology and neuropsychology of processing speed and anxiety will be presented, in addition to how it manifests in classrooms and social relationships, and what professionals and parents can do to accommodate and help their students overcome it.

## **LEARNER OBJECTIVES:**

1. The participants will define and describe three behaviors associated with slow processing speed and how they present in the classroom and/or home settings.
2. The participants will identify and describe 2 new findings from research on the association between slow processing speed and academic performance.
3. The participants will identify two of the neurobiological influences of slow processing speed.
4. The participants will describe the association between slow processing speed and anxiety.
5. The participants will identify and summarize three effective social skills treatments or accommodations for youth with slow processing speed.

If you require special assistance, please contact AEP Connections to inform them of your special needs by emailing: info@aepconnections.com or calling: 833.237.2668



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**SPEAKER: ELLEN BRAATEN, PHD**

## WHO SHOULD ATTEND?

Special Education teachers, Speech and Language Pathologists, OTs, counselors, regular education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, or other learning disabilities. This webinar is open to anyone who is interested in attending. Content is appropriate for individuals who support Elementary through High School age students.

## COURSE SCHEDULE

*(All times are Eastern Time)*

11:00 am - 11:15 am	What is Processing Speed?
11:15 am - 11:30 am	How is Processing Speed Assessed?
11:30 am - 11:45 am	The Neurobiology of Processing Speed
11:45 am - 12:00 pm	Processing Speed at Different Ages
12:00 pm - 12:15 pm	Anxiety in Children
12:15 pm - 12:30pm	Emotional Consequences of Processing Speed
12:30 pm - 12:45 pm	Accommodating Anxiety in Children with SPS
12:45 pm - 1:00 pm	Case Examples: Anxiety and SPS
1:00 pm - 1:15 pm	<b>BREAK</b>
1:15 pm - 1:45 pm	Processing Speed and Social Relationships
1:45 pm - 2:00 pm	Processing Speed and School Performance
2:00pm - 2:15 pm	Social Skills Strategies and Accommodations
2:15 pm - 2:30 pm	SPS, Executive Functions, and the Developing Brain
2:30 pm - 2:45 pm	Strategies Across the Lifespan
2:45 pm - 3:05 pm	Case Presentations
3:05 pm - 3:15 pm	Helping Develop Resilience in Children with SPS

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## **SPEAKER BIOGRAPHY**

Ellen Braaten, PhD, is an experienced and prominent psychologist, researcher, speaker, and author. At Massachusetts General Hospital (MGH), where Dr. Braaten has been affiliated since 1998, she is the Executive Director of the Learning and Emotional Assessment Program (LEAP) and the Kessler Family Chair in Pediatric Neuropsychological Assessment. She also holds an appointment as Associate Professor at Harvard Medical School. In the past, Dr. Braaten served as an Associate Director of The MGH Clay Center for Young Healthy Minds and the track director of the Child Psychology Training Program at MGH/Harvard Medical School (HMS).

Dr. Braaten is widely recognized as an expert in the field of pediatric neuropsychological and psychological assessment, particularly in the areas of assessing learning disabilities and attentional disorders. She has received funding to conduct longitudinal research on child outpatient samples, and has published numerous peer-reviewed articles, book chapters, and reviews on psychological and neuropsychological assessment, intelligence, ADHD, learning disabilities, anxiety, depression, gender, psychotherapy, and motherhood. Dr. Braaten also has edited two reference books for clinicians.

Dr. Braaten is a prolific writer and the co-author of the best-selling book, *Bright Kids Who Can't Keep Up* (2014), the first book of its kind to focus on information processing speed weaknesses in children. Recently (2019), she published the second edition of *The Child Clinician's Report Writing Handbook*, which has been called "the most comprehensive child assessment handbook available." She is the author of *How to Find Mental Health Care for Your Child* (2010), the co-author of *Straight Talk about Psychological Testing for Kids* (2003), and the author of the newly released *Bright Kids Who Couldn't Care Less* (2023).

Dr. Braaten received her MA from the University of Colorado and her PhD from Colorado State University. She is a mother of two and resides in Boston, MA.

### *Disclosures:*

*Ellen Braaten, Ph.D. receives an honorarium for this presentation with AEP Connections. Dr. Braaten is a paid employee of Massachusetts General Hospital and receives royalties for the books that she has written.*

*Non-financial: Dr. Braaten has reported no conflicts of interest, financial, or non-financial relationships regarding this presentation.*

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## PROFESSIONAL DEVELOPMENT OFFERED:

1. **CERTIFICATE OF ATTENDANCE** 4.0 clock hours for the day. Attendance will be confirmed via Zoom log in/log out.
2. **NBCC** AEP Connections, LLC has been approved as an NBCC-Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. This workshop offers 4.0 NBCC clock hours.
3. **ASWB** AEP Connection, LLC, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit AEP Connections, LLC maintains responsibility for this course. ACE provider approval period: 1/27/2022-1/27/2025. Social workers completing this course receive 4.0 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
4. **AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID XXX. This distance learning – interactive is offered for up to .4 CEUs (4.0 contact hours). Introductory, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. course evaluation with additional post test questions is required for satisfactory completion. \*pending approval
5. **ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required.
6. **NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation. This course is offered for 4 hours/credits and full attendance is required.



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**REGISTRATION FORM**

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*Confirmations and communications will be sent by email. Please print email clearly.*

**REGISTRATION COST**

**EARLY BIRD \$150**  
*(Register on or before March 22, 2024)*

**REGULAR PRICING \$175**  
*(Register after March 22, 2024)*

*Call for Group Rates (defined as 10 or more, rates decrease as group gets larger)  
 Register group by phone or email.*

Early bird registration - \$150       Regular Price registration - \$175      \$ \_\_\_\_\_  
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