



# AWARENESS EDUCATION POTENTIAL

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## THE MASTER CLASS: ADVANCED STRATEGIES TO DEVELOP EXECUTIVE FUNCTION SKILLS

Practical Cutting Edge Interventions for Improving Executive Function Skills in Students  
(Including Autism, Anxiety, Attention Deficits, Social & Behavioral Issues)

**SPEAKER: SARAH WARD, M.S., CCC-SLP**

**April 16, 2024 | 8:00 am - 3:30 pm Pacific Standard Time**

LIVE - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 8 am	Start Time: 9 am	Start Time: 10 am	Start Time: 11 am

*This Webinar will replay as a recording on Saturday, April 20, 2024 beginning at 8 am Pacific Time. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Saturday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with the speaker will not be available, however you will have the ability to use the "chat" feature to interact with other participants. Same registration process for both live webinar and the recording replay.*

### WHO SHOULD ATTEND?

Special Education teachers, SLPs, OTs, counselors, regular education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits.

**Master Class is for anyone familiar with Sarah Ward and has seen her present on executive functioning in the past or those that attend Foundations Course. Master Class is an advanced training on executive functioning. Please contact AEP Connections with questions.**

### LEARN IT TODAY, USE IT TOMORROW! *Master Class*

This Master Class is for the professional who wants to learn more strategies and techniques, have advanced treatment examples, and become more knowledgeable of the scope and sequence to implement executive function strategies. Immerse yourself in the entire 360 Thinking Executive function curriculum. Learn best practices to get students motivated, focused, organized and performing closer to their true potential. Understand where to start, what goals to set for your client, and have the opportunity to make and practice implementing a Toolbox of Strategies for teaching executive function skills. We will address at an advanced level how to teach students to channel their motivation and go from Intention to Action by creating and carrying out plans and to sustain forethought for task planning across hourly and extended time horizons. Learn systematic ways to develop a student's situational intelligence and self-regulation. Understand the relationship between speed of processing

If you require special assistance, please contact AEP Connections to inform them of your special needs by emailing: info@aeconnections.com or calling: 833.237.2668



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and executive function and learn practical strategies to improve written expression, abstract thinking/problem solving and figurative language skills. Full of hands on experiential exercises and interactive case studies, you will take away practical strategies and reproducible handouts that are instantly usable upon your return to the clinic, classroom or home. Don't miss out this course it will fill up fast!

### **LEARNER OBJECTIVES:**

- Differentiate and explain how situational awareness, self-talk, forethought and episodic memory are the foundational skills for successful task execution and state the functional relationship between executive function, working memory and speed of information processing as it pertains to therapeutic interventions.
- Evaluate and select and implement 5 advanced applications to teach a student how to
  - ♦ Visualize simple, multi-step and complex tasks and assignments and then sequence and plan the requisite steps to fully complete work and
  - ♦ Improve self-regulation and inhibition to meet behavior expectations.
- Implement specific strategies to develop representational co-thought gesture for forethought and task planning.
- Select and implement specific strategies to improve situational awareness and self-regulation skills to improve a students' ability to "stop and read a room" and transition to follow routines with a reasonable pace and requisite materials with less supervision and fewer prompts.
- Develop and implement intervention strategies to improve a student's capacity to visualize and sense the passage of hourly and daily time, calculate how long tasks will take, break down and complete tasks and long term projects within allocated time frames and control for procrastination and time distractions.
- Design and implement a block and box schema training to improve a student's processing speed for following routines, making decisions, planning tasks, doing assignments, completing writing assignments and engaging in social language/conversation skills.
- Implement specific strategies to improve working memory for stronger mind miming forethought skills so students can go from intention to action to initiate and complete tasks and process information with greater accuracy and efficiency.
- Design and implement specific strategies to improve processing of figurative and abstract language to reduce anxiety and teach a student how to tolerate novelty and develop flexible/gray scale thinking for problem solving.

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### DAILY SCHEDULE

*(All times are Pacific Standard Time)*

7:50 am - 8:00 am	<b>Zoom Webinar Opens</b>
8:00 am - 9:30 am	Information Processing
9:30 am - 9:45 am	<b>Break</b>
9:45 am - 11:30 am	Ready - DO - Done Model/Behavior
11:30 am - 12:30 pm	<b>Lunch Break</b>
12:30 pm - 2:00 pm	Processing speed and planning
2:00 pm - 2:15 pm	<b>Break</b>
2:15 pm - 3:30 pm	Working memory and forethought



**SARAH WARD, M.S., CCC-SLP**

### SPEAKER BIOGRAPHY

Sarah Ward has over 25 years of experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with language learning disabilities, nonverbal learning disabilities, attention deficit disorder, executive dysfunction, Asperger's disorders and social pragmatics. Her particular specialty is in the assessment and treatment of executive function deficits. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions where she provides instruction to graduate level students in the assessment and treatment of individuals with traumatic brain injury and other cognitive communication disorders. A popular speaker, Sarah regularly presents nationally and internationally on the topic of executive functions to a variety of professional and parent organizations, school and lay groups. She has presented to and consulted with over 450 public and private schools in Massachusetts and across the United States. Awards received include the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award and the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011).

*Disclosure: Sarah Ward's company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker's fee for presentations. There are no non-financial relationship to disclose.*



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### PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CONCORDIA PROFESSIONAL LEARNING CREDIT OPTION** 1-2 Credits through Concordia University. Cost is \$250 per credit. Register for credits online at [www.aepconnections.com](http://www.aepconnections.com) or over the phone at (833) 237-2668. (Non-degree credits)
- 2. CERTIFICATE OF ATTENDANCE** 6 hours for the day. Attendance will be checked via ZOOM log in/log out.
- 3. NBCC** AEP Connections, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. This workshop offers 6 NBCC clock hours.
- 4. ASWB** AEP Connection, LLC, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AEP Connections, LLC maintains responsibility for this course. ACE provider approval period: 1/27/2022-1/27/2025. Social workers completing this course receive 6 continuing education credits per day.
- 5. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 02207. This distance learning - interactive is offered for up to .6 CEUs (6 contact hours). Advanced, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.
- 6. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures.
- 7. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation.



**ASHA CE  
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**ONLINE REGISTRATION** | Available for credit card transactions at: [aepconnections.com](https://aepconnections.com)

**CHECK OR PURCHASE ORDERS:** Please send completed registration form via mail, email or fax.  
*Purchase orders must accompany registrations.*

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*Confirmations and communications will be sent by email. Print print email clearly.*

### REGISTRATION COST

**EARLY BIRD \$175**

*(Register on or before March 8, 2024)*

**REGULAR PRICING \$199**

*(Register after March 8, 2024)*

- Early bird registration - \$175
- Regular Price registration - \$199
- \$ \_\_\_\_\_
- Total Paid: \$ \_\_\_\_\_

### AEP Connections, LLC

P.O. Box 286, Roscoe, IL 61073 | Phone: 833.237.2668

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CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.