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PREVENTING PROBLEM BEHAVIOR: An Emotional Regulation Relationship-Based Approach

SPEAKER: BARRY M. PRIZANT, PH.D., CCC-SLP

August 9, 2023 | 8:00 am - 3:00 pm Central Time

ZOOM - INTERACTIVE WEBINAR

PACIFIC	MOUNTAIN	CENTRAL	EASTERN
Start Time: 6 am	Start Time: 7 am	Start Time: 8 am	Start Time: 9 am

This Webinar will replay as a recording on Saturday, August 12th beginning at 8 am Central Time. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Saturday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with speaker will not be available, however you will have the ability to use "chat" feature to interact with other participants. Same registration process for both the live and the recording replay.

Problem behaviors remain one of the most difficult and stressful challenges for practitioners, parents and persons on the autism spectrum and with related neurodivergent conditions. When such patterns of behavior are present, they not only challenge parents and professionals, but prevent learning and active participation in activities, and hinder the development of relationships with peers and adults. Progress has been made over the past two decades with the introduction of positive and preventive approaches to problem behavior. However, practices following a behavior management approach remain constrained, as they have not yet infused a developmental and relationship-based perspective that focuses on enhancing children's emotional regulatory abilities, and developing positive, trusting relationships with others. The most recent research in infant and child development and specific developmental disabilities such as autism, has documented the need to go beyond behaviorally-oriented approaches by incorporating developmental, emotional regulatory and relationship-based dimensions. In this presentation, a "Bio-Psycho-Social" perspective will be presented that considers the interaction of physiological issues, cognitive and social-environmental issues. Participants will learn about practical, respectful and innovative ways to assess, prevent and support a person with problem behaviors, and to design learning environments, supports and activities that enhance the ability to stay well-regulated emotionally, to maximize learning, social participation and relationships in everyday activities and routines.

LEARNER OBJECTIVES:

1. Participants will be able to recognize, describe and apply an alternative emotional regulatory perspective to understanding problem behaviors for persons with ASD.
2. Participants will be able to define and apply a Bio-Psycho-social perspective to assessment and programming efforts
3. Participants will be able to describe and apply universal principles of preventing and responding to problem behavior.
4. Participants will be able to describe and implement specific strategies to prevent and respond to problem behaviors.



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WHO SHOULD ATTEND?

The intended audience includes educators and therapists working with children and adults in Early Intervention, preschool, school and community settings, parents, social workers, psychologists and administrators. This conference is open to anyone who wishes to attend.

COURSE OUTLINE

AM

I. Understanding Problem Behavior: Why the need for a different perspective?

- Attitudes and beliefs about Problem Behavior
- Emotional Regulation: Deepening our understanding of problem behavior
- Stress, arousal and Emotional Regulation
- A critical look at widely used behavior management practices: The cumulative nature of dysregulating factors

II. Causes, Types and functions of Problem Behavior

- Bio-Psycho-social Factors
- Problem Behavior and communication limitations
 - » Expression of intent through PB – protesting, refusing
 - » Frustration due to communicative failure
- Problem behavior and physiological factors
- Problem behavior and learning environment issues - special challenges for inclusion

PM

III. Assessment and Educational programming issues

- Communicative intent underlying problem behavior
- Documenting self and mutual regulatory strategies
- Documenting environmental challenges
- Documenting interpersonal influences
- Tantrums vs. Extreme Dysregulation – how to tell the difference

IV. Educational Programming and Intervention Issues

- Strategies for Supporting Emotional Regulation and Preventing Problem Behavior
- Flexroom strategies
- From Behavior Plans to Emotional Regulation Plans
 - » Universal Rules for addressing Problem Behavior in Children

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SPEAKER BIOGRAPHY

Barry M. Prizant, PhD, CCC-SLP is recognized as among the world's leading authorities on autism and neurodiversity, and as an innovator of respectful, person- and family-centered approaches for autistic individuals and those with other neurodevelopmental conditions. He currently is the Director of Childhood Communication Services, a private practice, an Adjunct Professor of Communicative Disorders at the University of Rhode Island, and has fifty years of experience as a scholar, researcher, and international consultant. He has served as an Associate Professor of Psychiatry in the Brown University Medical School and has held a tenured Professor appointments at Emerson College, Boston. Barry has published five books, more than 140 articles and chapters, and is a co-author of *The SCERTS Model: A Comprehensive Educational Approach*, now being implemented in more than a dozen countries. Barry has been a two-time featured presenter (2013, 2017) at the United Nations World Autism Awareness Day in New York City, and has given close to 1000 presentations in major universities across the US and in more than 25 countries. Barry's recent book, *Uniquely Human: A Different Way of Seeing Autism* (Simon & Schuster, 2022 expanded edition) has been the best-selling book on autism since 2015, with the audiobook version narrated by Barry. It is now published in 24 languages, and was ranked by Book Authority as #1 of the "100 best books on autism of all time". Barry also co-produces and hosts a podcast, *Uniquely Human: The Podcast* (www.uniquelyhuman.com) with his friend, Dave Finch, an autistic audio engineer and New York Times best-selling author.

www.barryprizant.com

www.SCERTS.com

www.uniquelyhuman.com

Disclosures:

Relevant financial relationships

*Dr. Prizant receives an honorarium for his presentation with AEP Connections. He also receives royalties for the books: *Uniquely Human: A Different Way of Seeing Autism* (Simon & Schuster) and *The SCERTS Model Manuals* (Brookes Publishers)*

Relevant nonfinancial relationships

Adjunct Professor, University of Rhode Island (receives no compensation)

Editorial Advisory Board: Three professional journals (receives no compensation)

Advisory Boards: Spectrum Theatre Ensemble, The Miracle Project (receives no compensation)

Podcast: Co-host, "Uniquely Human: the Podcast" (receives no compensation)

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PROFESSIONAL DEVELOPMENT OFFERED:

- 1. CONCORDIA PROFESSIONAL LEARNING CREDIT** - 1 Credit is available through Concordia University. Cost is \$250 per credit. Register for credits online at www.aepconnections.com or over the phone at (833) 237-2668.
- 2. CERTIFICATE OF ATTENDANCE** 5.5 clock hours for the day. Attendance will be confirmed via Zoom log in/logout.
- 3. NBCC** AEP Connections has been approved as an NBCC-Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections is solely responsible for all aspects of the programs. This workshop offers 5.5 NBCC clock hours.
- 4. ASWB** AEP Connection, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AEP Connections, maintains responsibility for this course. ACE provider approval period: 1/27/2022- 1/27/2025. Social workers completing this course receive 5.5 continuing education credits. Full attendance, a course evaluation and an additional post test is required for satisfactory completion.
- 5. AOTA** - AEP Connections is an AOTA Approved Provider of professional development. Course approval 06278. This distance learning – interactive is offered for up to .55 CEUs (5.5 contact hours). Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A course evaluation with additional post test questions is required for satisfactory completion.
- 6. ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required.
- 7. NASP** - AEP Connections is approved by the National Association of School Psychologists to offer continuing education for school psychologists. AEP Connections maintains responsibility for the program. NASP Approved Provider #1165. A code to access the course evaluation will be provided in segments throughout the webinar, to ensure full participation.



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Confirmations and communications will be sent by email. Please print email clearly.

REGISTRATION COST

EARLY BIRD \$165
(Register on or before June 30, 2023)

REGULAR PRICING \$190
(Register after June 30, 2023)

*Call for Group Rates (defined as 10 or more, rates decrease as group gets larger)
 Register group by phone or email.*

Early bird registration - \$165 Regular Price registration - \$190 \$ _____
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