

AWARENESS EDUCATION POTENTIAL

Providing you the tools to reach and teach your maximum potential.

Phone: 833.237.2668 | Fax: 920.482.1270 | info@aepconnections.com | aepconnections.com

PREPARING FOR LIFE: Managing Overwhelming Emotions and Teaching Key Life Skills

SPEAKER: JED BAKER, PH.D.

February 23, 2023 | 8:00 am - 3:30 pm Central Time

ZOOM - INTERACTIVE WEBINAR

This Webinar will replay as a recording on Saturday, February 25th beginning at 8 am Central Time. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the live webinar and a link to the recording replay on Saturday. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with speaker will not be available, however you will have the ability to use "chat" feature to interact with other participants. Same registration process for both the live and the recording replay.

Individuals with social-behavioral challenges and/or ASD often present with difficulty regulating their feelings and interacting socially. The first part of this workshop outlines predictors of better outcome and how to maximize motivation and engagement of students. The second part discusses the pitfalls of a traditional escalating disciplinary model and the need to understand why students are having behavioral challenges. The focus is on both soothing moments of dysregulation, de-escalating meltdowns, and problem solving repeat problems. This problem solving involves identifying triggers to overwhelming frustration and anxiety, and designing effective behavior plans for each of those triggers. The third part of the presentation details strategies to teach social skills, how to generalize skills into the natural setting and increase acceptance and tolerance from peers. Information will be imparted though lecture, interactive exercises, and video clips.

LEARNER OBJECTIVES:

- 1. List predictors of successful outcomes and ways to promote active engagement by students.
- 2. Describe how best to think about challenging behaviors to insure better outcomes.
- 3. Select and construct strategies to deal effectively with anxiety and frustration; both to de-escalate and prevent meltdowns.
- 4. Distinguish different ways to motivate verbal and non-verbal individuals to want to socialize.
- 5. Compare and select effective strategies for teaching and generalizing skills.
- 6. Design programs for typical peers to accept individuals with disabilities, reduce bullying and model positive.

WHO SHOULD ATTEND?

Special Education teachers, SLPs, OTs, counselors, general education teachers, administrators, psychologists, psychiatrists, social workers, PTs, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities This conference is open to anyone who wishes to attend.



PREPARING FOR LIFE: Managing Overwhelming Emotions and Teaching Key Life Skills **SPEAKER: JED BAKER, PH.D.**

COURSE SCHEDULE

(All times are Central Time)

7:50 am	Live Stream Opens
8:00 am - 9:30 am	Predictors of successful outcomes and understanding of challenging behaviors precedes effective intervention
9:30 am - 9:45 am	Break
9:45 am - 11:30 am	Managing and preventing challenging behaviors
11:30 am - 12:30 pm	Lunch Break
12:30 pm - 2:00 pm	Six Key Components of Social Skills Training: Identifying skill goals, teaching strategies, generalization
2:00 pm - 2:15 pm	Break
2:15 pm - 3:30 pm	Six Key Components of Social Skills Training: Peer sensitivity training and antibullying



1

JED BAKER, PH.D.

SPEAKER BIOGRAPHY

Jed Baker, Ph.D. is the director of the Social Skills Training Project, an organization serving individuals with autism and social communication problems. He writes, lectures, and provides training internationally on the topic of social skills training and managing challenging behaviors. He is an award winning author of 8 books, including Social Skills Training for Children and Adolescents with Aspergers Syndrome and Social Communication Problems; Preparing for Life: The Complete Handbook for the Transition to Adulthood for Those with Autism and Aspergers Syndrome; The Social Skills Picture Book; The Social Skills Picture Book for High School and Beyond; No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior; No More Victims: Protecting those with Autism from Cyber Bullying, Internet Predators & Scams; Overcoming Anxiety in Children and Teens; and School Shadow Guidelines. His work has also been featured on ABC World News, Nightline, the CBS Early Show, and the Discovery Health Channel.

Disclosure: Financial: Jed Baker receives and honorarium for his presentation with AEP Connections, LLC. Dr, Baker is a paid autism trainer and also receives royalties for the books that he has written. Non-Financial: Jed Baker has reported no conflicts of interest, financial, or non-financial relationships regarding this presentation.

Webinar will replay as a recording on Saturday, February 25th beginning at 8am with same agenda.



PREPARING FOR LIFE: Managing Overwhelming Emotions and Teaching Key Life Skills **SPEAKER: JED BAKER, PH.D.**

PROFESSIONAL DEVELOPMENT OFFERED:

- 1. **PROFESSIONAL DEVELOPMENT GRADUATE CREDITS** 1-2 Credits through Concordia University. Cost is \$250 per credit. Register for credits online at www.aepconnections.com or over the phone at (833) 237-2668. A syllabus will be available at www.aepconnections.com when details are finalized.
- 2. CERTIFICATE OF ATTENDANCE 6 clock hours for the day. Attendance will be confirmed via Zoom log in/log out.
- **3. NBCC** AEP Connections, LLC has been approved as an NBCC-Approved Continuing Education Provider, ACEP No. 7173. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. This workshop offers 6 NBCC clock hours.
- 4. ASWB AEP Connection, LLC, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AEP Connections, LLC maintains responsibility for this course. ACE provider approval period: 1/27/2022-1/27/2025. Social workers completing this course receive 6 continuing education credits per day. A course evaluation with additional post test questions is required for satisfactory completion.
- 5. AOTA AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID XXX. This distance learning interactive is offered for up to .6 CEUs (6 contact hours). Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures. A course evaluation with additional post test questions is required for satisfactory completion.
- 6. ASHA Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. Full attendance and a course evaluation are required.



Phone: 833.237.2668 | Fax: 920.482.1270 | info@aepconnections.com | aepconnections.com



PREPARING FOR LIFE: Managing Overwhelming Emotions and **Teaching Key Life Skills SPEAKER: JED BAKER, PH.D.**

REGISTRATION FORM

February 23, 2023 | 8:00 am - 3:30 pm Central Time

ZOOM - INTERACTIVE WEBINAR

ONLINE REGISTRATION | Available for credit card transactions at: **aepconnections.com**

CHECK OR PURCHASE ORDERS: Please send completed registration form via mail, email or fax. Purchase orders must accompany registrations.

Name:		 School District:	
		 City:	
	_ Zip Code:		
Email:			

Confirmations and communications will be sent by email. Please print email clearly.

REGISTRATION COST

EARLY BIRD \$150

(Register on or before January 20, 2023)

REGULAR PRICING \$175

(Register after January 20, 2023)

Call for Group Rates (defined as 10 or more, rates decrease as group gets larger) Register group by phone or email.

Early bird registration - \$150

□ Regular Price registration - \$175

Total Paid: \$

AEP Connections, LLC | P.O. Box 286, Roscoe, IL 61073

Phone: 833.237.2668 | Fax: 920.482.1270 | info@aepconnections.com | aepconnections.com

CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.