

# THE ZONES OF REGULATION®

## BIO – Leah Kuypers, M.A. Ed., OTR/L

Leah earned a Bachelor's degree in Occupational Therapy from the University of Wisconsin-Madison, a Graduate Certificate in Autism and a Master's in Education from Hamline University in St. Paul, MN. She has practiced as an OT and specialist in school and clinical settings, specializing in regulation and social-emotional learning. Through this work, she was inspired to create *The Zones of Regulation* (Think Social Publishing, 2011) which has been enthusiastically received by educators, therapists and parents around the world. In addition to developing additional learning tools to supplement The Zones of Regulation curriculum, she owns a small business, Kuypers Consulting, Inc., based out of Minneapolis, MN. She enjoys providing training and consultations to parents, schools, and professionals by offering workshops on regulation and the Zones framework to groups locally, around the United States and internationally. To date over 270,000 copies of *The Zones of Regulation* book have been sold and the framework has been implemented in districts around the world to support students' social emotional learning. Please visit [www.zonesofregulation.com](http://www.zonesofregulation.com) for additional information, a current schedule of trainings, and to find support in implementing The Zones of Regulation.



## Professional Development Offered:

- 1) **Certificate of Attendance**- 5.5 hours for the day. Attendance will be checked via ZOOM log in/log out.
- 2) **Graduate Credit Option** – 1 Credit through Concordia University. Cost is \$250 per credit. Register for credits online at [www.aepconnections.com](http://www.aepconnections.com) or over the phone at (833) 237-2668
- 3) **ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures. Full attendance and a completed evaluation required for satisfactory completion of ASHA CEUs.



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Intermediate Level  
.55 ASHA CEUs

**Leah Kuypers, MA Ed., OTR/L** Owner/President of Kuypers Consulting, Inc., Creator of Zones of Regulation, Occupational Therapist, Consultant

**Course Content Disclosure:** This course will focus on primarily one product, methodology and curriculum, The Zones of Regulation®.

**Financial Disclosure:** Leah Kuypers is an independent contractor, speaker, and author. She receives a speaking fee for her presentations about The Zones of Regulation as well as royalties for The Zones of Regulation products and apps.

**Non-financial Disclosure:** Leah Kuypers has no non-financial relationships to disclose.

\*\*\*Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with Kuypers Consulting, Inc. so that they may contact you regarding additional The Zones of Regulation® products\*\*\*