

# THE ZONES OF REGULATION®

## A Social Emotional Learning Framework and Pathway to Regulation

Created by Leah Kuypers, M.A. ED, OTR/L

Hosted By:



Date & Time:

**December 14, 2022**  
**8:00am – 3:00pm CST**

Platform:

**Livestream**  
**Zoom Webinar**

Target Audience:

Speech & Language Pathologists,  
Occupational Therapists, Regular  
and Special Education Teachers,  
Counselors, Case Managers,  
Specialists, Social Workers,  
Psychologists, Marriage and Family  
Therapists, School Administrators,  
Educational Paraprofessionals,  
Behavior Therapists, Parents

**Cost: \$220**

(Group rates are available by request)

To Register: **Online at**  
**aeconnections.com to pay by**  
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**Call (833) 237-2668 to pay with**  
**credit card by phone.**

### The Zones of Regulation Comprehensive Training Description:

The Zones of Regulation Comprehensive Training participants will be taking a deeper dive into the exploration of the competency of regulation and how it fits into a climate and culture of social emotional learning. This expanded version of our Basic Training webinar offers a more in-depth look into the neurological components, development of regulation, and compassionate mindset as the foundation to understanding and teaching The Zones of Regulation framework and curriculum. Whether you are new to The Zones or are a seasoned practitioner, this training will provide you with a thorough understanding of the lessons and concepts within The Zones curriculum. The extensive exploration of regulation tools and strategies outlined in the training will help you teach with fidelity and efficacy. In addition to highlighting the latest evolution of The Zones framework, participants can expect further student work samples, examples, and videos to illustrate strategies for adapting and differentiating the concepts to help learners, both neurodiverse and neurotypical, meet their goals across school, home, and community settings. Participants will walk away with an in-depth understanding of the complexity of regulation and how The Zones simplifies teaching and learning this competency for both teachers/practitioners and learners alike.

Participants can expect to:

- Acquire knowledge of fundamentals and essential components of The Zones framework, including The Zones Pathway to Regulation.
- Develop a solid understanding of the scope and sequence of The Zones lessons used to inform teaching and student engagement.
- Delve into key lessons and tools/strategies to ensure implementation with fidelity.
- Engage in hands-on learning with a variety of regulation tools, building a personalized toolbox to directly apply and inform teaching of Zones concepts.
- Explore the competency of regulation and the neurocognitive components involved to support creating a compassionate, inclusive climate for SEL to flourish.
- Review additional examples, student work samples and videos that illustrate strategies for adapting and differentiating The Zones lessons and concepts.

### Learning Objectives:

Learner will demonstrate knowledge of self-regulation, including:

1. Describe the role sensory processing/modulation, emotional regulation, executive functioning, and social cognition play in self-regulation.
2. State three (3) ways in which the *Zones* framework teaches students to self-regulate.
3. Identify two (2) ways to integrate the Zones into practice and support generalization of skills across settings.
4. Explain how to teach students to individualize their own tools for self-regulation

# THE ZONES OF REGULATION®

## BIO – Leah Kuypers, M.A. Ed., OTR/L

Leah earned a Bachelor's degree in Occupational Therapy from the University of Wisconsin-Madison, a Graduate Certificate in Autism and a Master's in Education from Hamline University in St. Paul, MN. She has practiced as an OT and specialist in school and clinical settings, specializing in regulation and social-emotional learning. Through this work, she was inspired to create *The Zones of Regulation* (Think Social Publishing, 2011) which has been enthusiastically received by educators, therapists and parents around the world. In addition to developing additional learning tools to supplement The Zones of Regulation curriculum, she owns a small business, Kuypers Consulting, Inc., based out of Minneapolis, MN. She enjoys providing training and consultations to parents, schools, and professionals by offering workshops on regulation and the Zones framework to groups locally, around the United States and internationally. To date over 270,000 copies of *The Zones of Regulation* book have been sold and the framework has been implemented in districts around the world to support students' social emotional learning. Please visit [www.zonesofregulation.com](http://www.zonesofregulation.com) for additional information, a current schedule of trainings, and to find support in implementing The Zones of Regulation.



## Professional Development Offered:

- 1) **Certificate of Attendance**- 5.5 hours for the day. Attendance will be checked via ZOOM log in/log out.
- 2) **Graduate Credit Option** – 1 Credit through Concordia University. Cost is \$250 per credit. Register for credits online at [www.aepconnections.com](http://www.aepconnections.com) or over the phone at (833) 237-2668
- 3) **ASHA** - Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures. Full attendance and a completed evaluation required for satisfactory completion of ASHA CEUs.



**ASHA CE**  
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**AEP Connections, LLC**

Intermediate Level  
.55 ASHA CEUs

**Leah Kuypers, MA Ed., OTR/L** Owner/President of Kuypers Consulting, Inc., Creator of Zones of Regulation, Occupational Therapist, Consultant

**Course Content Disclosure:** This course will focus on primarily one product, methodology and curriculum, The Zones of Regulation®.

**Financial Disclosure:** Leah Kuypers is an independent contractor, speaker, and author. She receives a speaking fee for her presentations about The Zones of Regulation as well as royalties for The Zones of Regulation products and apps.

**Non-financial Disclosure:** Leah Kuypers has no non-financial relationships to disclose.

\*\*\*Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with Kuypers Consulting, Inc. so that they may contact you regarding additional The Zones of Regulation® products\*\*\*

# THE ZONES OF REGULATION®

## REGISTRATION FORM- Live Webinar December 14th, 2022 “Zones of Regulation Full Day Webinar” 8:00 am to 3:00 pm Central

**Leah Kuypers, M.A. Ed., OTR/L**

Online Registration is available for credit card transactions and purchase orders at [www.aepconnections.com](http://www.aepconnections.com)

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### Registration Cost:

Zones of Regulation Full Day Webinar - December 14, 2022

**\$220**

Webinar Registration: \$ \_\_\_\_\_

# of Registrations: \_\_\_\_\_

TOTAL PAID \$ \_\_\_\_\_

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