

The Zones of Regulation Basic Training

Created by: Leah Kuypers, M.A. Ed., OTR/L and Presented by Elizabeth Sautter, M.A., CCC-SLP

Hosted By:



Date & Time:

March 16, 2022 7:30 am – 10:30 am CT

Platform: Livestream Zoom Webinar

Target Audience:

Speech & Language Pathologists, Occupational Therapists, Regular and Special Education Teachers, Counselors, Case Managers, Specialists, Social Workers, Psychologists, Marriage and Family Therapists, School Administrators,

Cost: \$95

(Group rates are available by request)

To Register:

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Zones of Regulation Half Day Webinar!

Description: In The Zones of Regulation basic training course participants will become acquainted with the Zone's framework, provided background on why it is successful with learners and trained how to apply the popular curriculum. This introductory training will highlight key components of the curriculum, giving you the confidence to get started with implementation or give a creative boost if you are already on your Zones journey. In addition to exploring critical lessons, participants will develop a solid understanding of what the four Zones of Regulation are, delve into tools to support regulation and review practice strategies to ensure implementation with fidelity.

In this training participant will learn more about how the latest teachings around The Zones of Regulation framework, including breaking down the steps of regulation into a cognitive pathway that can be easily taught to both neurodiverse and neurotypical learners. Visuals, videos and student work samples are shared to illustrate the common language and visual system The Zones utilizes to build the foundational, lifelong skill of self-regulation

Webinar Presenter - Elizabeth Sautter, M.A. CCC, is a licensed speech and language pathologist and co-director/co-owner of Communication Works, a private practice offering speech, language, and social support in the San Francisco Bay Area. She has worked with preschool to adult clients and their families since 1996 in private practice, schools, and hospitals, specializing in social communication, self-regulation, and executive functioning.

Elizabeth has worked with Leah Kuypers in the clinic setting, supporting clients and running group therapy. They have presented and written articles together as well as developed curriculum with Terri Rossman. Elizabeth conducts trainings for parents/caregivers and professionals and is thrilled to join Leah as a collaborative speaker for The Zones of Regulation. On a personal note, Elizabeth's relationships with her son, sister, and extended family members with special needs have made her work a lifelong endeavor. She lives with her husband, two sons, dog, and cat in Northern California.

Learning Outcomes

- 1. Acquire knowledge of fundamentals and essential components of The Zones framework, including The Zones Pathway to Regulation.
- 2. Develop a solid understanding of the scope and sequence of The Zones lessons used to inform teaching and student engagement.
- 3. Delve into key lessons and tools/strategies to ensure implementation with fidelity.



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Professional Development Offered:

- 1) ASHA CEUs- ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products or clinical procedures. This webinar is offered for .25 ASHA CEUs, Introductory Level. Full attendance and a completed evaluation are required for satisfactory completion of ASHA CEU's.
- 2) **Certificate of Attendance** 2.75 hours for the day. Attendance will be checked via ZOOM log in/log out and a course evaluation is required upon completion of the webinar.

Financial Disclosure: Elizabeth Sautter has the following relevant relationships in the products or services described, reviewed, evaluated or compared in this presentation.

Non-Financial Disclosure: She has no nonfinancial relationships to report.

- Director/Owner of Communication Works-Private Practice/NPA
- Author Make Social and Learning Stick! (2020); Make it Stick Online Course and Community for Parents; co-author Kristen Wilson
- Collaborative Zones of Regulation trainer and co-author of the Zones game and storybooks

Course Content Disclosure: This course will focus on primarily one product, methodology and curriculum, The Zones of Regulation[®].

Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with Kuypers Consulting, Inc. so that they may contact you regarding additional *The Zones of Regulation*[®] products



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Introductory Level 0.25 ASHA CEUs