

Hosted By:



Date & Time:

December 14, 2021
8:00am – 3:00pm CST

Platform:

Livestream
Zoom Webinar

Target Audience:

Speech & Language Pathologists,
Occupational Therapists, Regular
and Special Education Teachers,
Counselors, Case Managers,
Specialists, Social Workers,
Psychologists, Marriage and Family
Therapists, School Administrators,
Educational Paraprofessionals,
Behavior Therapists, Parents

Cost: \$190

(Group rates are available by request)

To Register:

Go online to
aepconnections.com to pay by
Credit Card or Purchase Order.

Call (833) 237-2668 to pay with
credit card by phone.

Zones of Regulation Full Day Webinar!

Description: The Zone of Regulation presentation provides teachers, therapists and parents with hands-on knowledge on the nature of self-regulation and strategies for improving self-regulation and emotional control in individuals of all ages. The presentation addresses topics such as: the brain's involvement, typical development, sensory processing, emotional regulation, and executive functioning. Audience participants will learn an explicit, stair-stepped method and tools to guide students in utilizing The Zones framework across situations and environments to regulate sensory needs, impulses, and emotional states to social demands.

Visuals and student work samples are highlighted to illustrate numerous learning activities. A variety of tools (sensory supports, calming techniques, and thinking strategies) are explored to help students recognize their internal emotions, sensory needs, and thinking patterns in each zone, when shifting from one zone to another, and then to self-regulate within zones. Participants explore ideas on how to teach, when, why, and how to use tools effectively. The Zones of Regulation presentation also incorporates core concepts from Michelle Garcia Winner's Social Thinking® framework to help teach students about perspective taking so they better understand how being in the different zones impacts the thoughts and feelings of other people around them.

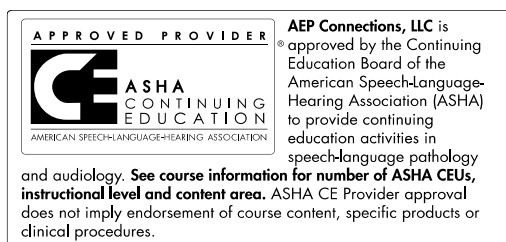
Leah Kuypers, M.A. Ed., OTR/L earned a Bachelor's degree in Occupational Therapy from the University of Wisconsin-Madison, a Graduate Certificate in Autism and a Master's in Education from Hamline University in St. Paul, MN. She has practiced as an OT/autism specialist in the school and clinical settings for the past 12 years, specializing in self-regulation and social learning. She has worked with students of all ages and challenges, including anxiety, ADHD, and ASD. She has authored a curriculum and app to teach self-regulation, *The Zones of Regulation*® (www.zonesofregulation.com). Leah consults with families and schools, as well as provides trainings on self-regulation, challenging behavior and The Zones of Regulation to groups around the world.

Learning Outcomes

1. Describe the role sensory processing/modulation, emotional regulation, executive functioning, and social cognition play in self-regulation.
2. State three (3) ways in which the *Zones* framework teaches students to self-regulate.
3. Identify two (2) ways to integrate the *Zones* into practice and support generalization of skills across settings.
4. Explain how to teach students to individualize their own tools for self-regulation.

Professional Development Offered:

- 1) **ASHA CEUs**- each program (day) is offered for .55 ASHA CEU's (Intermediate level; professional area). Full attendance and a completed evaluation required for satisfactory completion of ASHA CEU's.
- 2) **Certificate of Attendance**- 5.5 hours for the day. Attendance will be checked via ZOOM log in/log out.
- 3) **NBCC**- "AEP Connections, LLC has been approved as an NBCC-Approved Continuing Education Provider, ACEP No. 6680. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. This workshop offers 5.5 NBCC clock hours.
- 4) **ASWB**- AEP Connection, LLC, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AEP Connections, LLC maintains responsibility for this course. ACE provider approval period: 1/27/2019-1/27/2022. Social workers completing this course receive 5.5 continuing education credits.



Leah Kuypers, MA Ed., OTR/L Owner/President of Kuypers Consulting, Inc., Creator of Zones of Regulation, Occupational Therapist, Consultant

Course Content Disclosure: This course will focus on primarily one product, methodology and curriculum, The Zones of Regulation®.

Financial Disclosure: Leah Kuypers is an independent contractor, speaker, and author. She receives a speaking fee for her presentations about The Zones of Regulation as well as royalties for The Zones of Regulation products and apps.

Non-financial Disclosure: Leah Kuypers has no non-financial relationships to disclose.

*****Upon submitting a paid registration, you are consenting to AEP Connections, LLC sharing your name and email with Kuypers Consulting, Inc. so that they may contact you regarding additional The Zones of Regulation® products*****