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LEARN IT TODAY, USE IT TOMORROW!

Practical Cutting Edge Interventions for Improving Executive Function Skills in Students - FOUNDATIONS COURSE

(Including Autism, HFA, Anxiety, Attention Deficits, Social & Behavioral Issues)

SPEAKER: SARAH WARD, M.S., CCC-SLP

February 2, 2022 | 8:00 am - 3:30 pm Central Standard Time

LIVE - INTERACTIVE WEBINAR

This Webinar will replay on Saturday February 5th beginning at 8 am Central Time as a recording. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the recording on Saturday if you miss the regularly scheduled webinar time. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with speaker will not be available, however you will have the ability to use "chat" feature to interact with other participants. Use same registration.

WHO SHOULD ATTEND?

Special Education teachers, Speech and Language pathologists, OT's, counselors, general education teachers, administrators, psychologists, psychiatrists, social workers, TAG teachers, PT's, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits.

This conference is open to anyone who wishes to attend. Foundations Course is for open for anyone. Master Class is for anyone familiar with Sarah Ward and has seen her present on executive functioning in the past or those that attend Foundations Course. Master Class and is an advanced training on executive functioning. Please contact AEP Connections with questions.

LEARN IT TODAY, USE IT TOMORROW! *Foundations Course*

What is executive functioning?

Executive functioning is an individual's ability to organize thoughts and activities, prioritize tasks, manage time efficiently, and make decisions.

In this full-day training you will learn many strategies and techniques that you can bring to your classroom or practice that you can utilize immediately with your student/child with executive functioning deficits.

To successfully execute, children need to be aware of task demands and set goals. Then they must access forethought and hindsight to think in an organized way and to sustain their focus on the relevant features of the task at hand. As students mature they learn how to organize their time, space, materials and develop the

reasoning skills to consider multiple possible solutions to problems, recognize the "gray" in situations, and manage both expected and unexpected changes in plans, routines, rules and novel situations. Students must fluidly shift between changing task demands and carry out multiple complex steps to achieve expected goals. This is a practical strategies seminar! First you will learn how to clearly define what the executive function skills are for the purpose of determining the most effective treatment interventions and to understand the development of the executive function skills and what is meant by the term "executive dysfunction". You will learn dozens of functional, ready-to-use strategies for teaching students how to develop the executive function skills. Teach students to develop a "memory for the future", to devise plans to achieve their goal, to use self-talk, to self-initiate, to transition to the next task of higher priority and to control their impulses and emotions to successfully complete a task. Improve a student's awareness skills so that he/she can "read a room" then "stop, think and create" an appropriate-ate action plan and infer possible outcomes. Teach students to see and sense the passage of time, accurately estimate how long tasks will take, change or maintain their pace, and carry out routines and tasks within allotted time frames. Learn methods to improve a student's ability to cognitively shift and to be flexible in processing and accessing information. Learn how to use the Get Ready * Do* Done Model to turn the core curriculum and lesson/treatment plans into powerful tools to teach students executive control skills. Fresh approaches to help students develop automatically for class routines and transitions.

General education teachers (as well as special education teachers) will find the information presented invaluable. Strategies presented will allow general education teachers to utilize approaches within their own classroom.

LEARNER OBJECTIVES:

1. State the functional working definition of what is meant by the term "executive function skills" as it pertains to therapeutic interventions.
2. Define how situational awareness, self-talk, forethought and episodic memory are the foundational skills for successful task execution.
3. Integrate the theory and techniques of the 360 Thinking model to develop lesson plans to remediate executive function skills in the classroom and/or individual and group therapy.
4. Generate a framework of interventions for and choose at least 5 ways to foster a student's ability to sense and manage the passage of time.
5. Describe 4 strategies to develop a student's capacity to read a room then shift and be a 'mental time traveler' to pre-experience the physical actions to complete a task in prospective time and space.
6. Breakdown the clinical interventions and techniques for teaching students how to plan for, initiate and complete complex assignments and long-term projects within allotted time frames using the Get Ready * Do * Done (Get Done) Model.
7. Create a therapeutic alliance with parents to improve the effectiveness of clinical treatment with kids with executive function based challenges and articulate the relationship between how individuals self-regulate and executive function symptomatology to educate clients, family members and school professionals.

In this full-day training you will learn many strategies and techniques that you can bring to your classroom or practice that you can utilize immediately with your student/child with executive functioning deficits.

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DAILY SCHEDULE

(All times are Central Standard Time)

7:50 am - 8:00 am	**Zoom Webinar Opens**
8:00 am - 9:30 am	Executive function (EF) skills defined, EF dysfunction and the development of EF skills
9:30 am - 9:45 am	**Break**
9:45 am - 11:30 am	Treatment interventions to improved forethought and self-talk, task initiation, self-regulations, making timely transitions and following routines
11:30 am - 12:30 pm	**Lunch Break**
12:30 pm - 2:00 pm	Strategies to increase time management of daily and hourly time and long term projects. Teaching and planning skills: *Get Ready *Do * Done model for classroom
2:00 pm - 2:15 pm	**Break**
2:15 pm - 3:30 pm	Teaching and planning skills: homework assignments and interventions

SARAH WARD, M.S., CCC-SLP

SPEAKER BIOGRAPHY

Sarah Ward has over 25 years of experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with language learning disabilities, nonverbal learning disabilities, attention deficit disorder, executive dysfunction, Asperger's disorders and social pragmatics. Her particular specialty is in the assessment and treatment of executive function deficits. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions where she provides instruction to graduate level students in the assessment and treatment of individuals with traumatic brain injury and other cognitive communication disorders. A popular speaker, Sarah regularly presents nationally and internationally on the topic of executive functions to a variety of professional and parent organizations, school and lay groups. She has presented to and consulted with over 450 public and private schools in Massachusetts and across the United States. Awards received include the MGH Expertise in Clinical Practice Award, the Distinguished Alumni Award and the Faculty in Excellence Award from the Massachusetts General Hospital Institute of Health Professions (2002, 2011).

Disclosure: Sarah Ward's company Cognitive Connections produces and sells products on her website, which are tools, that support students in developing an internal sense of time. Some of these materials will be referenced in the presentation. Many of these materials can also be purchased at local stores. The website also sells treatment programs and games to develop independent executive function skills. In addition, the website offers many free resources and references. Sarah Ward receives a speaker's fee for presentations. There are no non-financial relationship to disclose.

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PROFESSIONAL DEVELOPMENT OFFERED:

1. **GRADUATE CREDIT OPTION** 1-2 Credits through Concordia University. Cost is $250 per credit. Register for credits online at www.aepconnections.com or over the phone at (833) 237-2668. A syllabus will be available at www.aepconnections.com when details are finalized.
2. **ASHA CEUS** Each program (day) is offered for .6 ASHA ceu's (Intermediate level; professional area). Full attendance and a completed evaluation required for satisfactory completion of ASHA ceu's.
3. **CERTIFICATE OF ATTENDANCE** 6 hours for the day. Attendance will be checked via ZOOM log in/log out.
4. **NBCC** "AEP Connections, LLC has been approved as an NBCC-Approved Continuing Education Provider, ACEP No. 6680. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. This workshop offers 6 NBCC clock hours.
5. **ASWB** AEP Connection, LLC, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AEP Connections, LLC maintains responsibility for this course. ACE provider approval period: 1/27/2019-1/27/2022. Social workers completing this course receive 6 continuing education credits per day.
6. **AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID 02206. This distance learning - interactive is offered for up to .6 CEUs (6 contact hours). Intermediate, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.

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REGISTRATION FORM

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ONLINE REGISTRATION | Available for credit card transactions at: **aepconnections.com**
CHECK OR PURCHASE ORDERS | Please send completed registration form via mail, email or fax.
Purchase orders must accompany registrations.

Name: _____ School District: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone: _____

Email: _____

Confirmations and communications will be sent by email. Print print email clearly.

ALSO AVAILABLE: SARAH WARD MASTER CLASS | FEBRUARY 17, 2022

LIVE - INTERACTIVE WEBINAR

- Open to anyone that has attended the Foundations Course (at any previous time or location)
- Also available to those that have seen or heard Sarah Ward present on Executive Functioning
- Continuing Education and Graduate Credit also available for the Masters Class
- Advanced Learner Objectives during this course

REGISTRATION COST

FOUNDATIONS COURSE

EARLY BIRD $150
(Register on or before December 17, 2021)

REGULAR PRICING $175
(Register after December 17, 2021)

FOUNDATIONS COURSE (2/2) + MASTER CLASS (2/17)

EARLY BIRD $270
(Register on or before December 17, 2021)

REGULAR PRICING $315
(Register after December 17, 2021)

Call for Group Rates (defined as 10 or more, rates decrease as group gets larger)
Register group by phone or email. Group rates are not available with online registration.

☐ Early bird registration - $150 ☐ Regular Price registration - $175 $ _____

☐ Early bird (Both Classes) - $270 ☐ Regular Price (Both Classes) - $315

Total: $ _____

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CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a $25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.