



# AWARENESS EDUCATION POTENTIAL

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## MAKE SOCIAL AND EMOTIONAL LEARNING STICK

Practical Strategies and Tools to Build Social and Emotional Competence in Students

**SPEAKER: ELIZABETH SAUTTER, M.A., CCC-SLP**

**December 1, 2021 | 9:30 am - 3:30 pm CENTRAL TIME**

**LIVE - INTERACTIVE WEBINAR**

Now more than ever, our world is filled with complicated situations that can be tricky to navigate—both emotionally and socially. When a student struggles with regulation, it can affect their academics, relationships, self-esteem, and goals in life. The good news is that these skills can be taught through social-emotional learning (SEL) which many classrooms and schools are adopting into their curricula. However, most of these lessons are geared toward students who learn traditionally. This leaves behind many of the children who are unique learners and require a different, more thoughtful and individualized approach to make SEL stick.

This presentation— geared toward educators, therapists, and other professionals who work with individuals with social cognitive, executive functioning, communication, and emotional regulation challenges—provides the glue that makes social learning stick! An overview of the competencies of SEL will be provided with a more focused look at zooming in and taking a deeper deeper dive into the complexity of the challenges facing children with unique social, emotional and learning challenges.

With a focus on the whole child, the roles of everyone involved and how to be mindful T.E.A.M.S will be reviewed, with reflection on how to create a partnership and integrate school and home.

The majority of the presentation will focus on practical strategies, tools, and concepts that can easily be used the next day to support SEL for those who struggle. Participants will learn to embrace teachable moments using new and time-tested strategies in order to help your students thrive.

**THIS IS A PRACTICAL STRATEGIES SEMINAR!** During this interactive training, participants will take away functional ideas and tools (applicable for K-12th grade) that can be used right away to support their students who struggle with SEL. These tools will help them (and you) be more calm, connected and confident.



### **ELIZABETH SAUTTER, M.A., CCC-SLP**

Elizabeth Sautter, M.A., CCC, is a Speech and Language Pathologist, author and presenter specializing in social and emotional learning for families since 1996. She is the founder of Make Social Learning Stick, which provides consultation, training, and resources to help children, teens and their families build skills and practical strategies to manage emotions, navigate social situations, and achieve their goals. She is author of the Mom's Choice Award-winning Make Social and Emotional Learning Stick! Practical activities to help your child manage emotions, navigate social situations & reduce anxiety. She is also co-owner of Communication Works which provides speech therapy to schools and individual clients. She has completed a mentorship and internship with Michelle Garcia Winner, for Social Thinking® and has co-authored two popular children's books, Whole Body Listening Larry at Home and Whole Body Listening Larry at School. Elizabeth is a collaborative trainer for Zones of Regulation and co-author of its game and storybooks. On a personal note, she has two teenage sons, a sister, and cousin with additional needs related to social communication, self-regulation, and executive functioning challenges. This makes her work not just a career, but a life endeavor.

*Financial Disclosure: Elizabeth Sautter has the following relevant relationships in the products or services described, reviewed, evaluated or compared in this presentation. She has no nonfinancial relationships to report.*

- Director/Owner of Communication Works-Private Practice/NPA
- Author - Make Social and Learning Stick! (2020); Make it Stick Online Course and Community for Parents; Whole Body Listening Larry at Home and Whole Body Listening Larry at School (2011), co-author Kristen Wilson
- Collaborative Zones of Regulation trainer and co-author of the Zones game and storybooks



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#### **WHO SHOULD ATTEND?**

Special Education teachers, Speech and Language pathologists, OT's, counselors, general education teachers, administrators, psychologists, psychiatrists, social workers, TAG teachers, PT's, principals, nurses, parents, and anyone who works with someone on the autism spectrum, ADHD, bi-polar, or other learning disabilities or has executive functioning deficits.

#### **LEARNER OBJECTIVES:**

1. Identify the components of self-regulation (sensory processing, emotional regulation, executive functioning).
2. Identify and describe the components of social communication (joint attention, receptive and expressive language, pragmatic language and perspective taking).
3. Demonstrate understanding of the importance of collaboration by creating mindful T.E.A.M.S to support the whole child.
4. Select specific curricula to support specific components of SEL.
5. Describe how mindfulness trains the brain to build pathways and create the foundation of SEL.
6. List and identify numerous practical tools and resources to support each area of social regulation (sensory processing, emotional regulation, executive functioning, joint attention, receptive and expressive language, pragmatic language, and perspective taking).

#### **DAILY SCHEDULE**

*(All times are Central Standard Time)*

- 9:30 - 10:45 am Defining and taking a deeper look at what is involved with social-emotional learning (SEL)
- 10:45 - 11:00 am **Break**
- 11:00 - 12:30 pm Supporting the whole child with a compassionate partnership between the home and school; Overview of common curriculum
- 12:30 - 1:00 pm **Lunch Break**
- 1:00 - 2:15 pm Building a strategy toolbox for boosting social, emotional and executive functioning skills.
- 2:15 - 2:30 pm **Break**
- 2:30 - 3:30 pm More practical tools for supporting children

*This Webinar will replay as a recording on Saturday December 4th from 8 am central time to 1:30 pm Central. This is not a recording that can be downloaded and replayed at your own pace. All registered attendees will receive a link to the recording on Saturday if you miss the regularly scheduled webinar time. Full attendance will be taken during the replay and will still qualify you for a certificate of attendance and other professional development opportunities listed. "Live" Q&A feature with speaker will not be available, however you will have the ability to use the "chat" feature to interact with other participants. Use same registration process to sign up for either webinar.*

*This is an interactive "live-stream". You will be able to ask questions throughout the day as well as "chat" with other participants via the buttons at the bottom of the screen.*

*Handout Links as well as webinar links will be sent at least three days prior to the conference.*

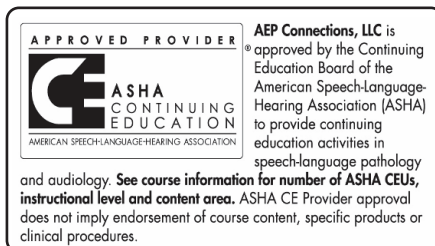
If you require special assistance, please contact AEP Connections to inform them of your special needs by emailing: [info@aepconnections.com](mailto:info@aepconnections.com) or calling: 833.237.2668



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**PROFESSIONAL DEVELOPMENT OFFERED:**

- 1. PROFESSIONAL DEVELOPMENT GRADUATE CREDIT OPTION** – 1 Credit through Concordia University. Cost is \$250 per credit. Register for the credit online at [www.aepconnections.com](http://www.aepconnections.com) or over the phone at (833) 237-2668. A syllabus will be available at [www.aepconnections.com](http://www.aepconnections.com) when details are finalized.
- 2. ASHA CEUS** Each program (day) is offered for .5 ASHA ceu's (Introductory level; professional area). Full attendance and a completed evaluation required for satisfactory completion of ASHA ceu's.
- 3. CERTIFICATE OF ATTENDANCE** 5 hours for the day. Attendance will be checked via ZOOM log in/log out.
- 4. NBCC** "AEP Connections, LLC has been approved as an NBCC-Approved Continuing Education Provider, ACEP No. 6680. Programs that do not qualify for NBCC credit are clearly identified. AEP Connections, LLC is solely responsible for all aspects of the programs. This workshop offers 5 NBCC clock hours.
- 5. ASWB** AEP Connection, LLC, #1332, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AEP Connections, LLC maintains responsibility for this course. ACE provider approval period: 1/27/2019-1/27/2022. Social workers completing this course receive 5 continuing education credits per day.
- 6. AOTA** - AEP Connections, LLC is an AOTA Approved Provider of professional development. Course approval ID XXX. This distance learning - interactive is offered for up to .5 CEUs (5 contact hours). Introductory, OT Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.





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**REGISTRATION FORM**

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**ONLINE REGISTRATION** | Available for credit card transactions at: [aepconnections.com](http://aepconnections.com)

**CHECK OR PURCHASE ORDERS:** Please send completed registration form via mail, email or fax.  
*Purchase orders must accompany registrations.*

Name: \_\_\_\_\_ School District: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

*Confirmations and communications will be sent by email. Print print email clearly.*

**REGISTRATION COST**

**EARLY BIRD \$120**

*(Register on or before Friday, Oct. 22, 2021)*

**REGULAR PRICING \$150**

*(Register after Friday, Oct. 22, 2021)*

*Call for Group Rates (defined as 5 or more, rates decrease as group gets larger)  
 Register group by phone or email. Group rates are not available with online registration.*

Early bird registration - \$120       Regular Price registration - \$150      \$ \_\_\_\_\_  
 Total Paid: \$ \_\_\_\_\_

**AEP Connections, LLC | P.O. Box 296, Syracuse, IN 46567**

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CANCELLATION POLICY: More than 45 days before the first day of the conference: Full Refund, less a \$25 processing fee. Less than 45 days, but more than 14 days before the first day of the conference: Credit towards a future conference or a substitute may be sent in your place, with prior approval by AEP Connections, LLC. Less than 14 days before the first day of the conference: No Refunds. AEP Connections reserves the right to substitute speakers in the event of a speaker cancellation. AEP Connections reserves the right to change "live in person" conference to a "Live-stream" webinar in the event of weather, pandemic, Acts of God, national or local guidelines. Our refund policy applies to all registration payments including those by purchase order.